

Transgender Support Groups

In Person Groups Little Rock

1. SWAG
 1. Teen LGBTQ youth group
 2. Will meet at same time as parent group below.
2. Parents, Friends, and Allies
 - a. First Saturday of the month from 6-8pm.
 - b. Pinnacle Valley United Methodist Church
 - c. 20100 Cantrell Road, Little Rock, AR
 - d. (on the corner of HWY 300 and HWY 10/Cantrell Road)
 - e. <https://www.facebook.com/CentralArkansasParentsFriendsAllies>

In Person Groups Conway

- Rainbow Youth of Conway (RYC)
- a. RYC is a support group for youth (aged 11-17) identifying within, or questioning their identity within, the LGBTQ+ spectrum.
 - b. We will meet on the first and third Tuesday each month at 5:30pm to foster community, offer support, and provide education.
 - c. Meetings are held in the outdoor space directly behind the Faulkner County Library.
 - d. <https://www.facebook.com/rainbowyouthofconway>

In Person Groups NEA

Northeast Arkansas (NEA) PRIDE

- a. Monthly meetings the first Wednesday of each month at the Craighead County Library of Jonesboro at 6:30pm.
- b. For All Ages
- c. More events on their Facebook page: Northeast Arkansas Pride
- d. 870-900-0600
- e. <http://Neapride.org/>

In Person Groups NWA

1. PFLAG of NWA
 - a. Facebook: <http://www.facebook.com/pflagnwa/>
 - b. Phone: 479-756-8444
 - c. Mailing Address: P.O. Box 2897, Fayetteville, AR 72702
 - d. Email: pflagfayettevill@aol.com
 - e. Teen and Parent meetings the 2nd Sunday of each month from 3-5pm, outdoors in Bentonville.
 - a. Sign up at https://docs.google.com/forms/d/e/1FAIpQLScO9Z3c_YjzhpCbPq4duQbjuAI0lzLdQ9Dqb5S4SXZWMSddiQ/viewform

- b. After signing up, you will get info on location. Parent meeting will happen at the same time.
 - c. Peer group is under 18, and 18 y/o in high School.
- 2. Transgender Support Group @ The Red River Equality Center in Fort Smith
 - a. Our Transgender Support Group is dedicated to those in our community who are transgendered and are looking to discuss their situation in the context of a group of friendly, like-minded people.
 - b. This Support Group is open only to those who identify as transgendered and their immediate families. The group is open to those ages 18 and up (minors 13-18 may attend with an accompanying adult).
 - c. A Calendar of events can be found at <http://rvecark.org/upcomingevents>.
 - d. Monthly meetings Board Room at Fort Smith Public Library
 - e. Email : rivervalleyequalitycenter@gmail.com
 - f. Call : (479) 274-0825
- 3. Reconcile Arkansas
 - a. Reconcile Arkansas builds community power for transformation through mutual aid, popular education, and solidarity practices that centers Arkansas' most vulnerable community members: queer and transgender people.
 - b. Phone: (479) 283-7568,
 - c. Email: contact@reconcilearkansas.org,
 - d. [Reconcile Arkansas | Facebook](#)

Facebook Groups:

1. AC Gender Spectrum Clinic Parent Support Group (search on FB and send a request to join)
2. AC Gender Spectrum Clinic Transmale/NB Support Group (search on FB and send a request to join)
3. AC Gender Spectrum Clinic Transfemale/NB Support Group (search on FB and send a request to join)
4. Parents Supporting Parents of Trans Children- answer question for this private group
5. ARTEC (Arkansas Transgender Equality Coalition)
6. TransGuys of Arkansas – Private Request Only – Send e-mail to Pnoland13@gmail.com
7. TransWomen of AR - Private Request Only – Send e-mail to megan@artranscoalition.org
8. Significant Others of Transguys in AR - Private Request Only – Send e-mail to Armilligan22@gmail.com
9. NWA Transgender AR - Private Request Only – Send e-mail to jamie@nwatrans.org
10. Non-Binary Is My Natural State Support Group - Private Request Only – Send e-mail to adanelifox@gmail.com
11. Transgender Equality Network

12. Central Arkansas Trans Out Reach
13. GetEqual
14. HRCArkansas
15. Central Arkansas Pride

Websites:

1. Human Rights Campaign – <https://www.hrc.org>
2. National Center For Trans Equality - <https://transequality.org/>
3. National LGBT Health Education Center - <https://www.lgbthealtheducation.org/>
4. ARTEC Arkansas Transgender Equality Coalition - <http://www.artranscoalition.org/namechange/>
5. Trans Student Educational Resources - <http://www.transstudent.org/>
6. Gender Spectrum - <https://www.genderspectrum.org/>
7. Gender Spectrum Lounge - <https://genderspectrum.org/lounge/> (Message Board)
8. Trans Life Line - <http://www.translifeline.org/>
 - a. Phone: (877) 565-8860 - Trans Lifeline is a 501(c)3 non-profit dedicated to the well-being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.
9. The Trevor Project - <https://www.thetrevorproject.org/#sm.0001569cl41cx4fohvtc8vv2qn5g9>
 - a. Phone: (866) 488-7386 – Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the TrevorLifeLine. Website also provides a chat – online instant messaging support and texting service (See website). TrevorText – Text “Trevor” to 1-202-304-1200.
10. River Valley Equality Center - <http://rvecark.org/>
11. NWA Center for Equality - <https://nwaequality.org/>
12. The Advocate - <https://www.advocate.com/>
13. Center Link - <https://www.lgbtcenters.org/>
14. GLBT Friendly Churches- http://www.gaychurch.org/find_a_church/
15. Beloved Arise <https://www.belovedarise.org/>

Mission: To celebrate and empower queer youth of faith.