

Meet the Treatment Team Working Through Patient - Family Centered Care

Arkansas Children's Hospital is a teaching medical facility. We proudly work to educate young medical professionals in our hospital through lectures, individual instruction, observation, skills check-off, hands-on training, open collaboration and communication, and research.

* Bi-monthly collaborative meetings will be held, in a round table setting, with the patient (if medically stable), caregiver(s), and treatment team in attendance to discuss together the patient's progress, treatment goals, recommendations, address questions/concerns, and evaluation for discharge. The hospitalist team will see the patient and caregiver(s) daily during a set rounding time frame. Rehab Medicine Providers will round on designated days and are available 24/7 per the need of the treatment team. It is important for caregiver(s) to be present during identified therapy sessions, nursing care and skills check-off. This is an essential part of enabling the caregiver(s) comfort and independence with ongoing care interventions to ensure safety and continued progress is being made in preparation for the transition to home environment, as appropriate.

- **Pediatric Hospitalist –**
 - o Have Pediatric Hospital Medicine subspecialty board-certified hospitalists who are part of our attending team which provides 24/7 medical coverage for the patients on the unit
 - o Only Accreditation Council for Graduate Medical Education accredited program in the state to have a fellowship training program for doctors
 - o Educates and mentors residents, interns, medical students, and APRNs
- **Pediatric Physical Medicine and Rehabilitation Provider –**
 - o Board Certified doctors work on a consultation basis to support the hospitalist and unit team to help improve patient outcomes
 - o Educates and mentors medical students, residents, and APRNs to help recommend the best medical treatment options from the PM&R perspective to help the patient maximize their functional independence
- **Nursing Team –**
 - o Registered Nurse, Licenses Practical Nurse, and Patient Care Tech provide 24/7 coverage to the unit in direct patient care
 - o RN's act in Team Leader role, delegates assignments, educates and mentors RN Nursing Residents and Student Nurses who are focusing on a career as a Registered Nurse
 - o Additional RN/Advance Nursing roles to support patient/family needs
 - Inpatient Care Coordinator
 - Clinical Educator
 - Program Manager
 - Case Manager
 - Outreach Coordinator
 - Patient Care Manager
 - Service Line Director
 - Clinical Nurse Specialist
 - o Currently our RN staff and leadership staff hold multiple certifications
 - Certified Registered Rehabilitation Nurse
 - Certified Pediatric Nurse
 - Pediatric Certified Nurse Specialist Board Certified
 - Certified Critical Care Registered Nurse
 - Nurse Executive Board Certified
- **Occupational Therapist –**
 - o Provide therapy 6 days per week
 - o Provides educational and instructional oversight of Occupational Therapy students in the clinical setting
 - o Currently our OT staff hold multiple certifications
 - National Board Certification for Occupational Therapy
 - Certified Brain Injury Specialist
 - Certified Neuro-Developmental Treatment
 - Comprehensive Behavioral Intervention for Tics
 - Board Certification in Physical Rehabilitation
 - Burn Therapist Certified
 - Certified Research Specialist



- **Physical Therapist –**
 - Provide therapy 6 days per week
 - Provides educational and instructional oversight of Physical Therapy students and residents in the clinical setting
 - Currently our PT staff hold multiple certifications
 - Board-Certified Pediatric Clinical Specialist
 - Certified Brain Injury Specialist
- **Speech and Language Therapist –**
 - Provide therapy 5-6 days per week
 - Focuses on cognition, vocalization, and swallowing during rehabilitation phase
- **Music Therapist –**
 - Provide therapy 1-2 times per week
 - Provides educational and instructional oversight of Music Therapy Intern in the clinical setting
 - Currently our Music Therapy staff hold the following certifications
 - Music Therapy Board Certified
 - Certification Neurologic Music Therapy
- **Registered Dietitian –**
 - Ensures nutritional needs are being met to promote maximized healing
 - Works directly with the Speech Therapist to help with modified diet needs
- **Case Manager –**
 - Works directly with payor source to update ongoing clinical progress and allowable resources
 - Works with family and team to understand options for DME providers, equipment, and community resources
- **License Clinical Social Worker –**
 - Provides psychosocial assessment, patient/family resources, and community referrals
 - Leads weekly inpatient support group on unit for caregivers
 - Crisis intervention
- **Certified Child Life Specialist –**
 - Provides individualized, developmentally appropriate, education to patients to help with treatments, procedures, upcoming surgery, and return to home
 - Provides appropriate activities to help the patient adjust to a long-term hospitalization
 - Helps plan therapeutic community reintegration outing as deemed appropriate by treatment team
- **Hospital School Teachers –**
 - Provides direct communication with the child's school to ensure measures are being taken to help keep communication lines open, treatment recommendations and follow-up needs are communicated, and ensures all necessary documentation that is required by the school is sent to promote a successful re-entry for the child
 - Hold individualized 1:1 instruction time as appropriate to promote continued healing and stability of routine working towards discharge goals
 - Creative, interactive learning activities in a fun classroom setting
 - Currently our teaching staff hold multiple certifications
 - Certified in Early Childhood Education
 - Special Certification in Special Education
- **Additional medical specialties and/or service(s)** might be called to support the child and/or family's identified needs. Patients and families can also request additional resources within the hospital at any time. Below is a limited list of services provided, for a full list of medical specialties and resources, please see our website at <https://archildrens.org/>
 - Interpreter Services
 - Pastoral Care and Chapel
 - Psychology
 - Financial Counseling
 - TAILS Program (Pet Therapy)
 - Camp Wanna Play and Teen Room, Child Life Volunteers
 - Family House - (2) caregivers may receive meals at breakfast, lunch, and dinner (no cost)
 - Family Resource Center and Safety Zone
 - Patient-Family centered activities (meals, games, relaxation garden, playground, holiday events, special visitors (i.e., Disney Princess)
 - MET Team - Medical Emergency Team available 24/7 should a patient's condition rapidly change and need a quick evaluation. Caregivers have the option to make a MET call should they feel the patient's needs continue to be concerning to them.

Therapeutic Treatment Options

As a patient progresses during their admission, various treatment interventions may be determined to be important to progress. This will be continually evaluated by the team as treatment is individualized based on patient need. Below is a list, which includes many, but not all, of the options that may be available.

- Patient Centered Team Conferences
- Age-developmentally appropriate therapy rooms
- Therapeutic family style dining room meal setting
- ADL apartment to practice adaptive home skills
- Graded-depth pool
- Gait therapy gym including Rise & Walk
- Zero G
- Alter G
- Dynavision
- Armeo
- Pressure Mapping
- Tyromotion Myro
- Therapeutic securely enclosed roof play area / basketball court
- Relaxation gardens
- Multiple playgrounds and adaptive equipment
- Sensory swing
- Therapeutic Community Reentry Outing
- 24-hour, direct-care, room-in requirement to ensure caregiver is checked off and comfortable to safely provide care during transition to home setting

Returning to the Community

Working with the patient and caregiver to transition back to home is our top priority. The Arkansas Children's Mission Statement says, "We champion children by making them better today and healthier tomorrow", this is why the program puts an equal focus on teamwork during the patient's acute care rehabilitation stay as the discharge planning and transition back into the community environment. For continued improvement, support, and a healthier tomorrow, it will be vital for the patient and caregivers to understand and know the resources needed. Resources may include, but are not limited to:

- Primary Care Provider
- Specialty Medical Provider(s) based on individualized diagnosis needs
- Community based therapies (OT, PT, SLP, Counseling)
- Orthotics
- School: Teacher, Nurse, etc.
- Arkansas Department of Education Brain Injury Program
- United Spinal Arkansas
- Spinal Cord Commission
- Arkansas Rehabilitation Services
- Various peer mentor programs and/or support groups
- Family Advisory Board
- Medicaid Transportation Services as appropriate
- ICAN
- Adaptive recreation opportunities
- Patient Reunion Events provided by the Neuroscience Service Line



How Can a Patient Be Referred to the Our Program

To be considered for admission, the patient must have acute medical needs which require ongoing medical management and nursing care that cannot be addressed in the outpatient setting. While medically stable and progressing, the patient will need to demonstrate the ability to participate in at least 3 hours of daily therapy and require at least 2 of the 3 primary core therapy services: physical therapy, occupational therapy, and/or speech therapy. Patients are expected to be present in the dining room each day during the therapeutic, family style meal setting as directed by the team. Caregivers are to be active in the patient's care regimen, treatment planning, and necessary educational/medical skills to be ready for transition to home to promote ongoing success for the patient as they return to their community setting.

If you are a referring provider who feels our program could benefit a patient, we are happy to assist you. You may go to our website at:

<https://www.archildrens.org/programs-and-services/acute-care-rehabilitation-program>

Or directly contact our **Care Coordinator at 501-364-1707**.

Celebrating Every Success with Our Patients and Families

Our program is more than just a therapy program. Once a patient has been identified to meet all admission criteria and admitted to the unit, the individualized care will be co-managed by a Pediatric Hospitalist and a Pediatric Physical Medicine & Rehabilitation provider. Together they will lead the treatment team in their efforts to help each patient begin to work towards independence in a medically safe, structured environment. The highly trained and dedicated team of nurses, therapists, nutritionists, social work, child life specialist, case management and care coordinators, are all committed to seeing the patient reach their maximum potential required during the acute rehabilitation phase. Through individualized goals, the team will guide the patient and family in preparation for the transition to outpatient follow up and provide resources within the local community and state to help foster continued progress and healing.



Arkansas Children's Acute Care Rehabilitation Unit: Rehabilitation, Information, Support, & Empowerment

The Arkansas Children's Acute Care Rehabilitation Unit in Little Rock, AR, is the only unit of its kind in the state. Arkansas Children's Hospital has accomplished many levels of accreditation and/or recognition from multiple prestigious governing bodies across our system. We are honored to share a few to give you a brief insight to how important we strive for safety, quality, and improving outcomes for those we serve:

- Accreditation by The Joint Commission (TJC)
- Magnet Recognition Program by American Nurses Credentialing Center
- Ranked in U.S. and World News Best Hospital Reporting
- Average length of stay is under 30 days
- 93% of our patients discharged to home rather than a secondary longer-term program
- Gains in function during hospitalization is above the national average

We work as an interdisciplinary team to provide comprehensive assessment, treatment planning, and ongoing evaluation with both the patient and caregiver for those we serve. We are guided by an approach that focuses on four key areas: Rehabilitation, Information, Support, & Empowerment.

Our team strives to encourage each patient to reach improved physical, psychosocial, and educational outcomes during their stay so that they may return to a less restrictive community environment, if at all possible, based on individualized needs. Some of the diagnosis that we serve:

- Brain Injuries (traumatic and acquired)
- Spinal Cord Disorders (traumatic and congenital)
- Near drowning
- Cerebral palsy
- Burns (post-acute)
- Polytrauma
- Deconditioning
- Guillain Barre Syndrome

