

Shaken Baby Syndrome Prevention

Shaken Baby Syndrome or Abusive Head Trauma is when a baby or young child is shaken violently causing harm to their brain that can result in permanent damage.



Safely Leaving Your Child in the Care of Others

For MY Safety is a brochure created to help keep your child safe while in the care of others. It offers guidance for managing feelings of stress and overwhelm that can arise when caring for a crying child. By providing this resource to every person who cares for your child, you are helping to create an environment where caregivers feel supported and empowered to make safe, thoughtful choices – even in challenging moments.

I have read and agree with the recommendations in **“For MY Safety,”** and I will provide the information to anyone I allow to watch or care for my child.

Name: _____

Signature: _____

Date: _____

Signs of Shaken Baby Syndrome:

- Vomiting
- Decreased Alertness
- Extreme Fussiness
- Seizures
- Pale/Blue Skin
- Difficulty Breathing
- Head Swelling
- Difficulty Staying Awake