



Arkansas
Children's
Northwest

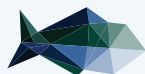
Surgery Handbook

Everything you need to know about your child's surgery at Arkansas Children's Northwest



Table of Contents

| | |
|-----------------------------|----------|
| General Information | 2 |
| Week Before Surgery | 4 |
| Informational Videos | 5 |
| Day Before Surgery | 6 |
| Day Of Surgery | 9 |



CONTACT INFORMATION

Address: 2601 Gene George Blvd.
Springdale, AR 72762

Main Hospital Number:
(479) 725-6800

Security:
(479) 725-6999

Inpatient Nurses Station:
(479) 725-6549

Pre-Op Nurses Station:
(479) 725-6877

Tobacco-free campus
www.archildrens.org/northwest



Wi-Fi Network:
ACNW-GUEST

HOURS

Main Entrance

Open daily 6:00 a.m.–9:00 p.m.
After hours, enter through the
Emergency Department.

Emergency Department Entrance

Open 24 hours a day/7 days a week

AMENITIES

Garden Level

- Café (M-F 7am-2pm, Sa/Su 10am-1pm)
- Chapel (Open 24/7)

Level One

- Coffee Shop (M-F 7am-2pm)
- Gift Shop



WHEN AND WHERE TO ARRIVE

Place To Arrive:

- Arkansas Children's Northwest
- Please enter through the main hospital entrance. You will check in at the main information desk before proceeding to admissions.
- The doors to the main hospital entrance unlock at 6:00 a.m. and lock at 9 p.m. daily.
- Your surgery time will be assigned 1-2 days in advance. Caregivers should plan to have the entire day set aside to care for their child post-operatively.



ADMISSIONS & FINANCIAL COUNSELING

Do you need assistance with insurance enrollment, making a payment or finding information about payment plans? Visit Admissions & Financial Counseling on Level 1 or call (479) 725-6966.

VISITATION GUIDELINES

- Please wash your hands before and after visiting.
- Visitors must be over the age of 12, healthy; without fever, cold or other signs of contagious illness.
- Children under 12 years of age must be accompanied and supervised by an adult at all times.
- Notify your nurse if your child will be unattended at any time.
- We encourage you to stay within your normal home routine as much as possible and to tend to your child as you normally would.
- We encourage you to use the call button at any time.
- If there is an alarm, please do not silence it.
- Please avoid bringing items of value to the hospital.

PAYMENT AND BILLING

- After surgery, Arkansas Children's will bill your insurance company.
- Your child's medical team will bill you separately. This may include radiologists, pathologists, anesthesiologists, surgeons, etc.
- For questions about your bill, please call the number on your statement.



PREPARE YOUR CHILD

Talking to your child before surgery

Surgery can be scary. Talking to your child is one of the most important things you can do. Learn as much as you can about the surgery. This will help you and your child feel more comfortable. Tell your child what they will see and hear. Use words your child understands.

If your child is anxious or you need assistance with how to discuss surgery with your child, please call our child life specialists at (479) 725-6828.



Watch these videos to know what to expect on the day of surgery!

FOR PARENTS



FOR KIDS



PRE-OP PHONE CALL

- We will call you two business days before your surgery to give you surgery time, arrival time, eating and drinking instructions, and other details.
- Please write down: (1) time to stop eating and drinking and (2) time to arrive.

Information needed for the Pre-Op phone call:

Current Medicines

- We need the names, doses & times
- Please ask us when to give the last dose of your child's current medications.

Allergies

- Foods
- Medicines
- Other, such as latex, dyes, adhesives, etc.

History

- Medical history including past surgeries/procedures
- Any recent illnesses

Paperwork

- Information other doctors gave you for this surgery

Child's Special Needs

- Food thickeners, special diet, toileting concerns, hearing or visual impairments, developmental delay, autism, special equipment, anxiety, etc.

Call us during the week before surgery at 479-725-6877 if:

- You have missed our calls. We may have left you a message to call us back if you are able to receive messages/voicemail.
- You need to reschedule the surgery.
- Your child becomes sick. Please call with any new symptoms of illness, such as cough or fever.
- You have any questions or concerns.



WHEN TO STOP EATING & DRINKING

Day Before Surgery

These times will be given to you on the pre-op phone call; please write them in the boxes below.

| ARRIVAL TIME: <input type="text"/> | | |
|--|-------------|------------|
| | <i>Time</i> | <i>Day</i> |
| STOP solid foods, milk and thickened liquids: | <hr/> | <hr/> |
| STOP formula and bottles: | <hr/> | <hr/> |
| STOP breast milk: | <hr/> | <hr/> |
| STOP clear liquids: <small>(water, apple juice)</small> | <hr/> | <hr/> |

IMPORTANT:

If you are considering eating or drinking anything else, please call surgery nurses first, as not following instructions could lead to surgery delay or cancellation for safety concerns.

Please make sure that your child does not eat or drink after the stop times.

- Your child's stomach must be empty for surgery.
- Food or fluid in the stomach can cause safety concerns.

Watch your child closely after the stop times.

- Make sure your child cannot reach any food or fluids.
- Check bedrooms, play areas and around car seat for hidden items.

EVENING BEFORE SURGERY

Bath and hair checklist

- Bathe or shower night before or morning of procedure.
- Dress your child in comfortable clothes (PJs are perfect!)
- Do not apply makeup, lotions or baby powder.
- Remove temporary tattoos, nail polish from fingers and toes.
- Special instructions for bathing or cleaning (example CHG wipes): Call your surgeon's office for more information.

Jewelry

- Remove all jewelry and leave it at home (earrings, piercings, necklaces, etc.).
- Remove all hair pins, ribbons, bands, clips, etc.

Medicines

- Give usual medicines unless told otherwise.
- Have surgery prescriptions filled/ready if given ahead of time.
- Bring medicines with you

Pack bag

- Comfort items (toy, blanket, pacifier, music, etc.)
- EMPTY bottle or sippy cup (hidden from child)
- Extra clothing, diapers, wipes, underwear
- Home medical supplies (CPAP, vests, trach go bag)
- For you: Light jacket, book/magazine, cell phone charger
- Your driver's license, insurance card, and legal guardianship papers if you are not the child's parent.



DAY OF SURGERY

Parental Presence at Anesthesia Induction - What does “Induction” mean?

Induction is the start of anesthesia, either medicine pushed through an IV or inhaled through a mask.

What is the Induction Room?

The induction room is attached to the Operating Room. It is where anesthesia will be given to your child prior to surgery. If it is safe, caregivers may be invited in this room for the start of anesthesia.

What should I expect if I accompany my child to the Induction Room?

- The safety of your child is our first priority. Caregivers must follow staff instruction at all times. If caregiver presence becomes distracting or disruptive in any way, staff have the right to ask the parent to leave the Induction Room.
- Children sense the emotions of the caregivers, so for your presence to be helpful to your child, you must remain calm.
- If you do not feel comfortable or feel you cannot stay calm for your child, this may not be the right choice for you.
- As children breathe in the anesthesia medication, they will begin to fall asleep. Some children enter an “excitement phase.” This may include moving their arms or legs, attempting to push the mask away, coughing or gagging. You may also notice unusual eye movements, including eyes rolling back. All of these are normal. This may be difficult to see, but your child will not remember this stage.
- At this point, your child will be unaware of your presence and asleep for their procedure. You’ll be directed to the consult room. If at any time you feel you are unable to stay in the induction room, tell a staff member and you’ll be guided to the consult room.

Why would the Induction Room not be used?

- Your child is under 1 year old or over 12 years old
- Your child has breathing, heart, or other medical conditions
- Your child has an IV in place
- You are pregnant.





MORNING OF SURGERY

Please Remember:

- At least one legal guardian must be present in the hospital at all times while your child is in surgery.
- Time in recovery is different for each child based on their medical history and the procedure.
- Our intention is to send you home after surgery, but sometimes an overnight stay is warranted.

AFTER SURGERY

What's Next

- Your child's surgeon will speak to you after surgery in the waiting room, consult room or recovery room (PACU).
- Procedure times vary and caregivers should be available at all times during the procedure so the surgeon can speak to you about findings and condition.
- At least one legal guardian must be present in the waiting room at all times while your child is in surgery.

Recovery (PACU)

- Only two adults allowed per patient.
- Your child may receive oxygen and/or medicines, such as pain and/or nausea medicines.
- You will receive discharge instructions before you go home including phone numbers to call.
- It is normal for your child to be disoriented after anesthesia. Calm voices and soothing touches decrease the length of disorientation.
- Discomfort is generally expected after most procedures. We may not be able to make your child pain-free, but we will do all we can to make your child comfortable after his/her procedure.
- Nausea is a common side effect of anesthesia, pain medications & some procedures. We will do our best to control any nausea.

THANK YOU FOR ALLOWING US TO CARE FOR YOUR CHILD!

You will receive a survey soon about your experience and we appreciate your feedback!



YOUR CHILD'S SURGERY INFORMATION

Date of Surgery: _____

Name of Procedure: _____

Post-Op Appointment: _____

Surgeon's Name: _____

Contact Phone Number: _____

Pre-Op nurses station: (479) 725-6877

Surgery scheduler for after hours cancellations: (479) 725-6878

Interpreter (Hablamos Español | Kemij kajin Majöl): (479) 725-6987

SEE PAGE 7 FOR IMPORTANT PREOP INSTRUCTIONS