

Date

Department of Pediatric Anesthesiology
Pain Medicine Division
1 Children's Way, Slot 203
Little Rock, AR 72202

Dear Referring Providers:

Chronic and acute pain occurs for a variety of reasons in 15% to 20% of all children. At Arkansas Children's Hospital's (ACH) **Pediatric Pain Clinic**, we use a multidisciplinary team and multimodal approach to care for your patients.

Frequent conditions we treat include: headache, abdominal pain, back pain, musculoskeletal pain, joint and arthritis pain, CPRS and neuropathic pain. We typically take new patients up to the age of 18yo, but if they are treated for other complex care at ACH, we may be able to follow them up to the age of 21yo depending on individual needs.

What your patient can expect:

1. Once a referral is received at our office, we'll offer the family an appointment time and help educate the family about the insurance process and the need for them to contact their insurance carrier to ensure our providers are in-network. We then send paperwork to the family to fill out before the appointment – this usually includes some psychological assessment. Intake paperwork is also available on the ACH website.
2. New patients meet with a physician, nurse and psychologist, and the initial appointment takes 2-3 hours for the family. During the first appointment, the physician has at least a one hour slot dedicated to your patient, as does our psychologist. Follow-up visits are approximately 30 minutes.
3. Patients may also meet with other specialists depending on their needs: social work, physical therapy, occupational therapy, pharmacists and child life.
4. We try to stress the importance of showing up to the appointment on time to avoid cancellation. Generally if the patient doesn't show, we are unable to offer another appointment until a new referral has been received.

As their PCP, you will receive a copy of the note from the visit and/or a call from our office updating you on our findings and plans. After your patient is stabilized on a treatment regimen they will be transferred back to your care, but our team will be available if any questions arise or for follow-up in our clinic.

To refer a patient to the Pediatric Pain Clinic, please fill out the referral form and any additional patient documentation including their medical history.

We look forward to working with you and please don't hesitate to call us at (501) 364-3100 if you have any questions.

Sincerely,

Carrie Brown, MD
Medical Director

Carolyn Martin, BSN, RNP IV, CPN
Clinical Coordinator