## **Bronchiolitis- Outpatient Phase**





#### Consider Heart Rate along with assessment criteria

		Mild (0)	Moderate (1)	Severe (2)
RR	<3 Months	30-60	61-80	>80
	3 - <12 Months	25-50	51-70	>70
	1Y – 2Y	20-40	41-60	>60
WOB		None or Mild	Intercostal	Nasal flaring,
			Retractions	grunting, head
				bobbing
Mental Status		Baseline	Fussy or anxious	Lethargic or
				inconsolable
Oxygen		None	< 1.5 liters	>1.5 liters
Requirement				
Suctioning		Bulb	Wall/Bulb	Wall
Breath Sounds		Clear	Crackles,	Diminished breath
			Wheezing	sounds or
				significant
				crackles,
				wheezing
Cough		Absent or mild	Moderate	Severe



Approved 4-1659 5/10/18 4/24/18

## **Bronchiolitis- Inpatient Phase**





suctioning



## **Bronchiolitis Pathway Medication Dosing**

#### Medication dosing for one-time trial:

Nebulization solution pre-diluted 2.5mg in 3ml NS (0.83%)

Aerosol inhaler (HFA): 90mcg/actuation 4 actuations/dose

Possible side effects include tachycardia, palpitations, tremor, insomnia, nervousness, nausea, and headache.

Use of tube spacers or chambers may enhance efficacy of metered dose inhalers and have been proven to be just as effective and sometimes safer than nebulizers.



# **Respiratory Scoring Tool**

	0	1	2	3
Respiratory Rate	≤40	41-60	61-80	>80
Retractions	None	Intercostal only	Intercostal + subcostal	Suprasternal or chest/abdomen asynchrony
Wheezing/crackles	None	Expiratory		I/E or diminished
				aeration



## **Clinical Definitions**

Bronchiolitis is an acute infectious inflammation of the bronchioles resulting in obstructive airway disease.

- Age <2 years (peak 3-6 months)
- Prodromal viral upper respiratory symptoms
- Lower respiratory symptoms follow
  - -Small airway edema and epithelial cell sloughing
    - -mucous production
    - -bronchospasm
    - -hyperinflation



### <u>Goals</u>

To develop an evidence-based pathway for care of infants with bronchiolitis that standardizes care at Arkansas Children's and limits unnecessary testing and therapies.

#### Outcome Measures:

1. Patient safety: To reduce the number of bronchiolitis related emergent escalations of care to zero by July 1, 2019.

2. Patient experience: To reduce 7 day readmissions from 1.65% to < 1.5% for the same diagnosis by July 1, 2019 (Solutions for Patient Safety data).

#### Process Measures:

1. To increase bronchiolitis pathway adherence by 25% by July 1, 2019.

2. To decrease the number of patients treated with ineffective/inappropriate bronchodilator therapy from 54% to <50% by July 1, 2019 (PHIS data).

3. To increase the number of patients placed on the Heated Nasal Cannula (HNC)/High Flow Nasal Cannula (HFNC) pathway who are also on the bronchiolitis pathway from 70% to 90% by July 1, 2019.

### **Metrics**

- 1. Readmission within 7 days for same diagnosis
- 2. Bronchodilator utilization
- 3. Number of emergent escalations of care
- 4. Length of stay comparable to benchmark

## **References**



- 1. Meissner, H.C., Viral Bronchiolitis in Children. N Engl J Med, 2016. **374**(18): p. 1793-4.
- 2. Florin, T.A., et al., Variation in the management of infants hospitalized for bronchiolitis persists after the 2006 American Academy of Pediatrics bronchiolitis guidelines. J Pediatr, 2014. **165**(4): p. 786-92 e1.
- 3. Ralston, S.L., et al., *Clinical practice guideline: the diagnosis, management, and prevention of bronchiolitis.* Pediatrics, 2014. **134**(5): p. e1474-502.
- 4. Ralston, S.L., et al., *What Works to Reduce Unnecessary Care for Bronchiolitis? A Qualitative Analysis of a National Collaborative.* Acad Pediatr, 2016.
- 5. Ralston, S.L., A.S. Lieberthal, and H.C. Meissner, *Ralston SL, Lieberthal AS, Meissner HC, et al. Clinical Practice Guideline: The Diagnosis, Management, and Prevention of Bronchiolitis. Pediatrics.* 2014;134(5):e1474-e1502. Pediatrics, 2015. **136**(4): p. 782.
- 6. McCulloh, R., et al., Use of Intermittent vs Continuous Pulse Oximetry for Nonhypoxemic Infants and Young Children Hospitalized for Bronchiolitis: A Randomized Clinical Trial. JAMA Pediatr, 2015. **169**(10): p. 898-904.
- 7. Quinonez, R.A., et al., *Choosing wisely in pediatric hospital medicine: five opportunities for improved healthcare value.* J Hosp Med, 2013. **8**(9): p. 479-85.
- 8. Hartling, L., et al., *Epinephrine for bronchiolitis*. Cochrane Database Syst Rev, 2011(6): p. CD003123.
- 9. Wainwright, C., et al., *A multicenter, randomized, double-blind, controlled trial of nebulized epinephrine in infants with acute bronchiolitis.* N Engl J Med, 2003. **349**(1): p. 27-35.
- 10. Patel, H., et al., A randomized, controlled trial of the effectiveness of nebulized therapy with epinephrine compared with albuterol and saline in infants hospitalized for acute viral bronchiolitis. J Pediatr, 2002. **141**(6): p. 818-24.
- 11. Skjerven, H.O., et al., *Racemic adrenaline and inhalation strategies in acute bronchiolitis.* N Engl J Med, 2013. **368**(24): p. 2286-93.
- 12. Gadomski, A.M. and M.B. Scribani, *Bronchodilators for bronchiolitis*. Cochrane Database Syst Rev, 2014(6): p. CD001266.
- 13. Mukherjee, S., et al., *Adverse effects of bronchodilators in infants with bronchiolitis.* J Pediatr Pharmacol Ther, 2015. **20**(1): p. 70-1.
- 14. Goh, A., et al., *Efficacy of bronchodilators in the treatment of bronchiolitis*. Singapore Med J, 1997. **38**(8): p. 326-8.
- 15. Ralston, S. and M. Roohi, *A randomized, controlled trial of nasal phenylephrine in infants hospitalized for bronchiolitis.* J Pediatr, 2008. **153**(6): p. 795-8.
- 16. Wu, S., et al., *Nebulized hypertonic saline for bronchiolitis: a randomized clinical trial*. JAMA Pediatr, 2014. **168**(7): p. 657-63.
- Brooks, C.G., W.N. Harrison, and S.L. Ralston, Association Between Hypertonic Saline and Hospital Length of Stay in Acute Viral Bronchiolitis: A Reanalysis of 2 Meta-analyses. JAMA Pediatr, 2016.
  170(6): p. 577-84.
- 18. Roque i Figuls, M., et al., *Chest physiotherapy for acute bronchiolitis in paediatric patients between 0 and 24 months old.* Cochrane Database Syst Rev, 2016. **2**: p. CD004873.
- 19. Liebelt, E.L., K. Qi, and K. Harvey, *Diagnostic testing for serious bacterial infections in infants aged 90 days or younger with bronchiolitis.* Arch Pediatr Adolesc Med, 1999. **153**(5): p. 525-30.
- 20. Titus, M.O. and S.W. Wright, *Prevalence of serious bacterial infections in febrile infants with respiratory syncytial virus infection*. Pediatrics, 2003. **112**(2): p. 282-4.
- 21. Farley, R., et al., *Antibiotics for bronchiolitis in children under two years of age*. Cochrane Database Syst Rev, 2014(10): p. CD005189.
- 22. Mayfield, S., et al., *High-flow nasal cannula therapy for respiratory support in children*. Cochrane Database Syst Rev, 2014(3): p. CD009850.
- 23. Thorburn, K. and P. Ritson, *Heated, humidified high-flow nasal cannula therapy in viral bronchiolitis--Panacea, passing phase, or progress?\*.* Pediatr Crit Care Med, 2012. **13**(6): p. 700-1.

## **Contributing Members**



#### **Inpatient Pathway**

Dr. Laura Sisterhen Dr. Elizabeth Storm Dr. Steve Schexnayder Dr. Thomas Abramo Dr. Ron Sanders Dr. Emily Smith Dr. Ariel Berlinski Blair Langston Thad Carter Lisa Bylander Kristan Cooper Whitney Eagle Emily Rader

#### **Outpatient Pathway**

Ann Kruger Dr. Emily Smith Christy Hutto Kassia Sherrill Cindy Hill Dustin Goad Emily Rader