

# A Pediatric Regional Community Health Needs Assessment

for Arkansas Children's Northwest





### LETTER TO THE COMMUNITY

Over the last decade, Arkansas Children's has embraced our role as a leading pediatric health system – pushing to advance medicine, create access and solve some of the most pressing pediatric health challenges of our time.

Yet today, we sit between two realities.

On one side, escalating maternal and newborn health issues and socioeconomic factors are negatively affecting health outcomes. Challenges with the health care workforce and access to health care are creating alarming long-term projections for increased morbidity and mortality in children, especially when it comes to chronic and mental health issues.

On the other, communities are partnering to find unique solutions, and the discoveries of pediatric medicine are changing the future of what is possible in healing and managing disease and disorder.

There is a role for pediatric hospitals to bridge the gap between these two different realities. In response to the needs of children in our community over the last three years, we have:

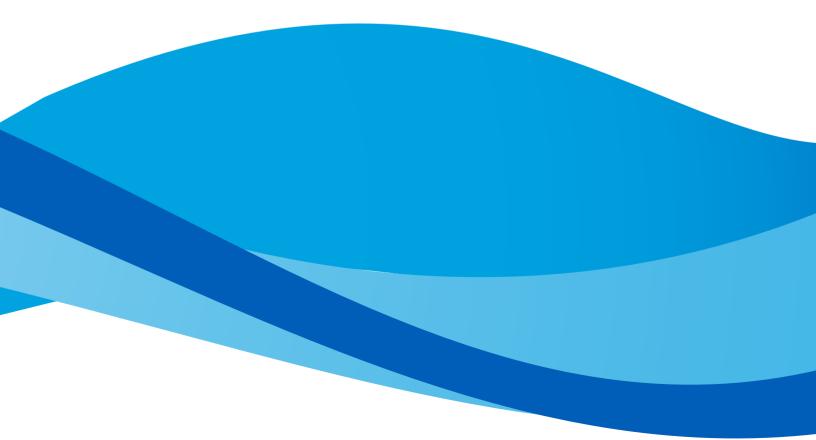
- Strengthened our community health care workforce by providing over 1,100 hours of continuing education credit on pediatric-specific topics to school nurses.
- Supported more than 1,000 families by providing Medical Legal Partnership services to help address the legal and socioeconomic barriers in the way of good health for children.
- Provided over 25,000 U.S. Department of Agriculture (USDA) sack lunches annually through our sites of service to help support nutrition security in our most vulnerable children.
- Expanded access to preventive services, such as vaccines and heart-safe training, to include underserved areas across the state. Now, more than 36,000 children in eight counties have better access to vaccines; more than 100 schools are certified with heart-safe training, which is already credited with saving at least two students' lives; and 29 schools have received automated external defibrillators, impacting more than 25,000 students and staff.
- Organized youth mental and behavioral health conversations for community members throughout the state, identified needs and opportunities to improve youth mental health outcomes and amplified youth voices to reduce stigma and increase peer support for suicide prevention.

While the issues may be complex, our mission is unwavering. We have learned that progress is not linear, and Arkansas Children's remains committed to advancing partnerships to address the most critical health needs of children in our community as we work to make children better today and healthier tomorrow.

Mucy

Marcy Doderer, FACHE President and CEO Arkansas Children's





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### **EXECUTIVE SUMMARY**

Arkansas Children's is deeply committed to children in the communities we serve and is driven by a deep understanding of their ongoing health needs. The 2025 Arkansas Children's Northwest (ACNW) Community Health Needs Assessment (CHNA) considered all children in a 15-county area of northwest Arkansas and eastern Oklahoma as its community. This area includes Benton, Boone, Carroll, Crawford, Franklin, Johnson, Logan, Madison, Newton, Sebastian and Washington counties in Arkansas and Adair, Delaware, Le Flore and Sequoyah counties in Oklahoma. Additionally, the assessment process allowed for in-depth, community-engaged listening with a wide range of experienced stakeholders across the state. These primary data, along with secondary data, formed the foundation for this report.

From March 2024 through March 2025, the Arkansas Children's Community Engagement, Advocacy and Health Division worked with Boyette Strategic Advisors (Boyette) to mature and refine the process and approach developed during the 2022 CHNA. This maturation incorporated external stakeholders into the CHNA Advisory Committee, added an additional assessment component to capture youth voice and moved to a nontiered and more focused list of priorities.

The assessment incorporated five primary components, including:

- 26 focus groups with parents and caregivers of children, educators, community leaders, public health and health care leaders, school nurses and medical providers, including four groups conducted with the Hispanic community and one with the Marshallese community
- 28 key informant interviews with public health and subject matter experts
- A digital parent survey completed by 667 parent respondents
- A digital youth survey completed by 136 youth respondents
- Comprehensive child-specific data review from local, state and national sources

# ABOUT ARKANSAS CHILDREN'S

Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas.

For more than a century, we have continuously evolved to meet the unique needs of the children of Arkansas and beyond. Today, we are more than just a hospital treating sick kids – our system includes two hospitals, a pediatric research institute, a foundation, clinics, education and outreach, all with an unyielding commitment to making children better today and healthier tomorrow.

### **Our Mission**

We champion children by making them better today and healthier tomorrow.

### **Our Vision**

Our Promise: Unprecedented child health. Defined and delivered.

### **Our Values**

Safety Teamwork Compassion Excellence

Safety and Excellence frame our work. Teamwork and Compassion place people at the center of all that we do.

The 2025 assessment identified nine child health needs, with financial hardship indicated as a moderator of health. The CHNA team and advisory committees prioritized these needs through a multi-step scoring process developed for this assessment.

First, the CHNA team analyzed each need based on factors determined by data and the community, including:

- Scope
- Severity
- Health Disparities
- Community Priority

Next, the advisory committee analyzed the needs based on factors including:

- Connection to Arkansas Children's mission, vision and strategic priorities
- How Arkansas Children's could impact the needs
- How impact could be measured
- Other leadership and critical considerations

As a result of this process, ACNW determined two identified needs as priorities for the next three years. This document examines the methodology and describes the primary and secondary data reviewed to identify the community's child health needs. The report is a tool available to Arkansas Children's and the community to inform strategic efforts to improve child health and will inform the 2026-2028 ACNW Implementation Strategy.

### Priority Child Health Needs for the 2025 ACNW Community Health Needs Assessment

# WELL-CHILD

Access to Care Preventive Care

# BEHAVIORAL & MENTAL HEALTH

# – MODERATOR OF HEALTH – FINANCIAL HARDSHIP

### **ASSESSMENT OVERVIEW**

The 2025 ACNW CHNA is the third report in a series of regional needs assessments conducted since 2019 to identify priority health issues for children in the ACNW community. Arkansas Children's Community Engagement, Advocacy and Health Division worked with Boyette to conduct this regional assessment and a statewide assessment for Arkansas Children's Hospital. They called on many public and child health stakeholders to review and examine the methods, data, prioritization process and findings.

#### **PURPOSE AND SCOPE**

In addition to satisfying the federal tax-exemption requirements outlined in the Affordable Care Act in 2012, the report provides a snapshot of child health and seeks to:

- Identify and prioritize the health needs of the children served by ACNW.
- Inform Arkansas Children's strategic initiatives that improve child health.
- Inform the impact efforts of several agencies that serve children in the ACNW service area.

#### **COMMENTS**

Please email <u>CHNA@archildrens.org</u> to request a printed copy of this report or to submit a comment.

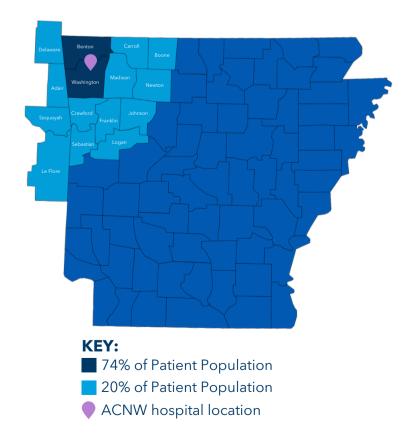
The 2022 ACNW CHNA remains widely available to the public on the Arkansas Children's website (<u>https://www.archildrens.org/chna</u>) and as a printed document with the Community Engagement, Advocacy and Health Division. Arkansas Children's received no written comments for the 2022 ACNW needs assessment.

#### **COMMUNITY DEFINITION**

ACNW is located in Springdale, Ark. and is the region's only pediatric hospital providing complete pediatric care close to home with a pediatric emergency room and a Level IV trauma center. It is part of the Arkansas Children's health care system, which consists of two hospitals, a pediatric research institute, a foundation, clinics, education and outreach – all with an unyielding commitment to making children better today and healthier tomorrow.

In fiscal year (FY) 2024, Arkansas Children's served nearly 180,000 unique patients aged 0-21, reaching every county in Arkansas and well into the region. ACNW served more than 50,000 of these patients. Seventy-four percent resided in Benton and Washington counties.

For the purposes of this report, ACNW defined the community as children in a 15-county area of northwest Arkansas and eastern Oklahoma, indicated on the map at right.



**INCOME IN ACNW REGION** 

Source: Esri, 2025

\$63,428 Median Household Income

\$34,436 Per Capita Income

\$160,327 Median Net Worth

### EDUCATION IN **ACNW REGION**

2024 Population, Ages 25+ Source: Esri, 2025 No High School Diploma High School Diploma GED Some College Associate's Degree Bachelor's/Graduate/Professional Degree 10.6% 28.5% 28.2% 8.5% 5.7% 18.6%

#### UNDERSTANDING OUR COMMUNITY

Demographic and economic data were critical components of defining and understanding the communities that Arkansas Children's serves. Boyette accessed these data through Esri's ArcGIS Business Analyst platform, which provides the most up-to-date geographic and economic data, including future projections and data for the current year.

Arkansas Children's considers its service population as the more than 850,000 children ages 0-21 in the state of Arkansas.

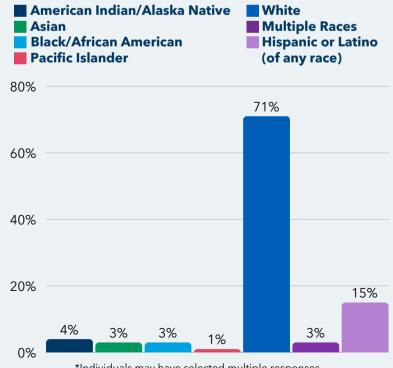
The ACNW community's median household income is \$63,428. This is higher than the state's median of \$57,875 and lower than the U.S. (\$79,068). Similarly, the region's per capita income is \$34,436, which is higher than the state value of \$33,143 and lower than the U.S. value of \$43,829. The region reports that 10.6% of its population ages 25+ does not have a high school diploma, while 28.5% of residents have earned a bachelor's degree or higher.

The infographic below provides additional key facts about the region.

### **REGIONAL RACE & ETHNICITY**

2023 Population, Ages 0-18

Source: U.S. Census Bureau, 2023



\*Individuals may have selected multiple responses.

### **METHODS**

#### **OVERVIEW**

Arkansas Children's, contracting with Boyette, engaged in a best-practice approach to conduct the 2025 CHNA utilizing guidance from the Children's Hospital and Catholic Health Associations. Planning for the assessment began in early 2024.

Primary and secondary data collection were critical to the 2025 CHNA process. Boyette began collecting and monitoring secondary data in March 2024, while primary data collection commenced in the summer of 2024. Through the community listening process, 1,145 participants provided perspectives on Arkansas's most critical child health issues. Thirty-four percent of participants provided feedback specific to the ACNW community.

Arkansas Children's began forming the 2025 CHNA Advisory Committee and the 2025 CHNA Working Group in June 2024. The groups incorporated not only internal stakeholders, such as Arkansas Children's senior leadership and team members, but key external partners, such as representatives from the Arkansas Department of Health (ADH), the Arkansas Department of Education (ADE), the Arkansas Department of Human Services (DHS) and the Arkansas Minority Health Commission, among others. Experts from these groups provided key feedback and guidance on each assessment component, such as the online surveys and focus group guides. As stakeholder engagement concluded, Arkansas Children's presented to both groups, outlining the initial themes and supporting data identified. These themes included:

- Access to care
- Behavioral and mental health
- Child maltreatment prevention
- Injury prevention
- Maternal and infant health
- Nutrition security
- Preventive care
- Substance use prevention
- Violence prevention

After the CHNA team collected the final data points, they further explored the preliminary themes to confirm that all critical needs had been identified. The team then created summaries of each need and shared them with the Arkansas Children's CHNA Advisory Committee and Working Group. The groups used these summaries to rate and rank each need during the prioritization process described later in this report, in the Prioritization of Identified Health Needs section.

### ASSESSMENT **STEPS**

**Plan and Strategize** 

**Define the Community** 

Identify and Engage Stakeholders

**Collect and Analyze Data** 

**Prioritize Identified Child Health Needs** 

Document and **Communicate Results** 

**Create Implementation** Strategy

**Conduct Ongoing** Assessment and Evaluation

# **Child Health Needs Presented for Prioritization**

Access to Care Behavioral & Mental Health **Child Maltreatment Prevention Injury Prevention** Maternal & Infant Health Nutrition Security **Preventive Care** Substance Use Prevention **Violence** Prevention

#### **SECONDARY DATA COLLECTION**

The CHNA team identified significant data to determine the child health needs that this assessment should consider.

#### Methodology

Boyette leveraged various tools, including Esri Business Analyst Online (Esri), to collect comprehensive demographic and economic data for Arkansas, including the counties in the ACNW service area. Esri offers enhanced public data and estimates for the current year, along with projections five years forward, giving Arkansas Children's access to deeper detail than is available in the public domain.

The CHNA team identified and analyzed other child health data sources from local, state and national organizations. These sources included national data sets and reports that compile data sets, such as the Annie E. Casey Foundation's KIDS COUNT Data Center; the Centers for Disease Control and Prevention (CDC); the CDC Youth Risk Behavior Surveillance System (YRBSS); United Health Foundation's America's Health Rankings Annual Report and Health of Women and Children Report; Health Resources and Services Administration (HRSA) National Survey of Children's Health (NSCH); United for ALICE (Asset Limited, Income Constrained, Employed); and University of Wisconsin and Robert Wood Johnson Foundation County Health Rankings. The team accessed data specific to children's health needs and, in limited cases, used adult data to assist in developing a clear picture of particular issues. The team gathered and analyzed county-specific data for the 15 counties defined as the ACNW community where possible.

| Health Disparities  |                            |  |  |
|---------------------|----------------------------|--|--|
| RURAL DISPARITY     |                            |  |  |
| County (State)      | Total Population           |  |  |
| Newton (Ark.)       | 6,983                      |  |  |
| Franklin (Ark.)     | 17,081                     |  |  |
| Madison (Ark.)      | 17,509                     |  |  |
| Adair (Okla.)       | 19,080                     |  |  |
| Logan (Ark.) 21,036 |                            |  |  |
| RACIAL DISPARITY    |                            |  |  |
| County (State)      | % Non-White                |  |  |
| county (state)      | Population                 |  |  |
| Adair (Okla.)       | 60.9%                      |  |  |
| Sequoyah (Okla.)    | 42.3%                      |  |  |
| Delaware (Okla.)    | 38.1%                      |  |  |
| LeFlore (Okla.)     | 33.4%                      |  |  |
| Sebastian (Ark.)    | 33.3%                      |  |  |
| ECONO               | MIC DISPARITY              |  |  |
| County (State)      | % of Households Below      |  |  |
| , (,                | Poverty Level              |  |  |
| Adair (Okla.)       | 23.5%                      |  |  |
| Johnson (Ark.)      | 21.6%                      |  |  |
| Franklin (Ark.)     | 20.9%                      |  |  |
| LeFlore (Okla.)     | 20.0%                      |  |  |
| Sequoyah (Okla.)    | 19.0%                      |  |  |
| Source: Esri Bus    | siness Analyst Online 2024 |  |  |

#### **Health Disparities**

The CHNA team examined secondary data on rurality, racial and economic factors to identify disparities and issues that more strongly affect one or more subpopulations of Arkansas's children.

To assess these potential disparities, the team used the following data points:

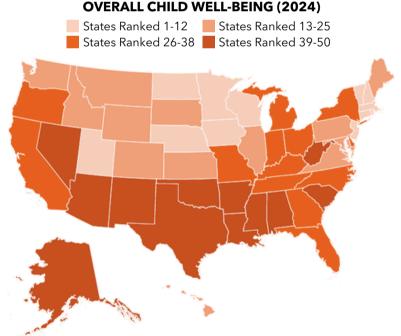
- Rurality total population by county to identify the five counties in the ACNW service area with the lowest total population
- Racial total non-white population by county to identify the five counties in the ACNW service area with the highest non-white population
- Economic total population living in poverty by county to identify the five counties in the ACNW service area that are most financially constrained

Each priority need included in this report has a Health Disparities section. The section examines a key metric or indicator for each of the five counties identified by the above data points against their respective state's level. The team identified disparities in measures where three or more counties performed below their state average.

#### **Key Findings**

- The 2024 KIDS COUNT® Report ranks Arkansas 45th in overall Child Well-Being, which is lower than the ranking of 39th in the 2021 KIDS COUNT® report. Arkansas's ranking has also worsened significantly in the measure of child and teen deaths per 100,000, with a ranking of 35 in 2021, which has now moved to 44 in the 2024 report.
- The U.S. News & World Report Best States ranked Arkansas's health care at 47 and Arkansas's public health at 49 in 2024.
- America's Health Rankings from the United Health Foundation gave Arkansas an overall rank of 48 in 2024.
- The Commonwealth Fund's Scorecard on State Health System Performance ranked Arkansas 47th in 2023 and 48th for Health Outcomes and Healthy Behaviors, one of the health component subscores.

STATE-TO-STATE COMPARISON OF



Source: KIDS COUNT® Report, 2024

### ARKANSAS RANKINGS

Source: KIDS COUNT® Report, 2024

#### HEALTH CARE – 47th

- Low Birth Weight Babies
- Children Without Health Insurance
- Child and Teen Deaths Per 100,000
- Children and Teens (Ages 10 to 17) Who Are Overweight or Obese

#### FAMILY AND COMMUNITY - 46th

- Children in Single-Parent Families
- Children in Families Where the Household Head Lacks a High School Diploma
- Children Living in High-Poverty Areas
- Teen Births Per 1,000

#### **ECONOMIC WELL-BEING – 46th**

- Children in Poverty
- Children Whose Parents Lack Secure Employment
- Children Living in Households with a High Housing Cost Burden
- Teens Not in School and Not Working

#### **EDUCATION – 36th**

- Young Children (Ages 3-4) Not in School
- Fourth Graders Not Proficient in Reading
- Eighth Graders Not Proficient in Math
- High School Students Not Graduating on Time

#### **PRIMARY DATA COLLECTION**

The CHNA team collected primary data through key informant interviews, focus groups and online surveys. Each community listening component incorporated an oversampling of participants from the ACNW community to ensure adequate data collection.

The team offered key informant interviews to stakeholders with critical insight as subject matter experts and thought leaders. There were 28 interviews with key informants, including those representing minority and underserved communities. Key informants often had a statewide lens and could speak to key issues in Arkansas or Oklahoma. Eighteen percent of stakeholders had specific expertise relevant to the ACNW community.

The team conducted focus groups with a variety of key stakeholder groups, including:

- Educators
- Community leaders
- Medical providers
- Parents and caregivers

| STAKEHOLDER PARTICIPATION |   |                    |  |
|---------------------------|---|--------------------|--|
| Engagement Type           | Engagement Type Group   |                    |  |
| One-on-One<br>Interviews  | Key Informants  | 28                 |  |
| Focus Groups              | Educators,<br>Community<br>Leaders, Medical<br>Providers, Parents<br>and Caregivers | 200<br>(21 groups) |  |
| Focus Groups              | Spanish<br>Community  | 101<br>(4 groups)  |  |
|                           | Marshallese<br>Community  | 13<br>(1 group)    |  |
| Online Survey             | Parents and<br>Caregivers   | 667                |  |
|                           | Youth   | 136                |  |
|                           | Total Participants  | 1,145              |  |

These groups collectively engaged 314 individuals, 69 (22%) of whom resided in the ACNW community, and included groups with Hispanic and Marshallese communities.

Additionally, the team executed two online surveys, one targeting parents and caregivers and another targeting youth. Arkansas Children's contracted the ETC Institute to conduct the parent and caregiver survey. It reached 667 individual parents and caregivers who were the health care decision-makers for their children, with 201 of those (30%) residing in the 15-county northwest Arkansas region.

Arkansas Children's conducted a youth survey, which reached 136 children aged 12-18. Of these, 97% of participants were between the ages of 15 and 18, with the remaining 3% ages 12 to 14. Eighty-nine respondents (65%) live in the northwest Arkansas region.

#### **PARENT & CAREGIVER ONLINE SURVEY**

Arkansas Children's contracted the ETC Institute to survey parents and caregivers about the health needs of children living in Arkansas and eastern Oklahoma in the summer of 2024.

#### Methodology

ETC Institute fielded the survey between Sept. 5 and Oct. 23, 2024, to 201 respondents in northwest Arkansas and eastern Oklahoma. They sent the survey to a representative sample of households in the region with parents or caregivers who are the health care decision-makers for their children ages 0-18 living at home. The survey sample resulted in a precision of at least +/- 3.8 at the 95% level of confidence. The table shows the demographic profile of respondents.

#### **Key Findings**

Respondents identified the following as the top five children's health and well-being issues:

- Lack of access to nutritious food
- Child abuse
- Mental health issues
- Bullying
- Obesity and lack of exercise

Appendix A contains the overall ranking results of these issues.

When asked about the biggest problems in their

communities, respondents identified the number of children experiencing the harmful effects of poverty and the number of children and adolescents who have suicidal thoughts or commit suicide as their top concerns.

Furthermore, a primary concern identified through the survey was access to health care services. Respondents reported challenges with getting timely appointments (30%), paid time off (15%), transportation (13%) and hours of operation (12%).

# **Additional Findings**



think it's important that schools provide mental health services 85%

reported confidence in childhood vaccinations 42%

worry about playground and sports injuries 45%

reported no paid time off for children's appointments



reported child has missed school due to a toothache

#### **PARENT SURVEY PROFILE**

| Demographic Factor           |       |  |  |  |
|------------------------------|-------|--|--|--|
| 1 Child in Household         | 46.3% |  |  |  |
| 2 Children in Household      | 31.3% |  |  |  |
| 3+ Children in Household     | 22.4% |  |  |  |
| Health Insurance for Child(r | ren)  |  |  |  |
| Medicaid (ARKids First)      | 49.8% |  |  |  |
| Group (Employer Provided)    | 29.4% |  |  |  |
| Individual Purchased         | 15.9% |  |  |  |
| Exchange                     | 11.4% |  |  |  |
| No Insurance                 | 7.0%  |  |  |  |
| Other                        | 1.0%  |  |  |  |
| Paid Time Off                |       |  |  |  |
| Yes                          | 36.9% |  |  |  |
| No                           | 44.6% |  |  |  |
| Unemployed                   | 17.4% |  |  |  |
| Other                        | 1.0%  |  |  |  |

#### **YOUTH LISTENING SURVEY**

One goal for the 2025 CHNA was to incorporate youth voices. In the fall of 2024, Arkansas Children's launched an online youth survey to capture this feedback.

#### Methodology

Arkansas Children's modeled the survey after the parent and caregiver survey and fielded it between Oct. 30 and Nov. 11, 2024. We leveraged community partnerships in each region of the state to recruit youth for the survey, with a goal of collecting 100 responses from children between the ages of 12 and 18. At completion, there were 89 respondents from the ACNW community. Nearly two-thirds of respondents were female.

The CHNA team reviewed responses and coded open-ended feedback to identify themes and key findings for this report. Arkansas Children's will further develop this assessment component in the future.

The table shows the demographic profile of respondents.

#### **Key Findings**

• Youth identified the use, misuse and abuse of alcohol, tobacco and other drugs as a top problem in their communities. The Hispanic adult focus groups were the only other group to elevate this issue. These factors led the CHNA team to identify Substance Use Prevention as a stand-alone need in this report.

| YOUTH SURVEY PROFILE             |       |  |  |
|----------------------------------|-------|--|--|
| Gender                           |       |  |  |
| Female                           | 61.8% |  |  |
| Male                             | 36.0% |  |  |
| Prefer Not to Say/Other          | 2.2%  |  |  |
| Age                              |       |  |  |
| 12-14                            | 2.2%  |  |  |
| 15-18                            | 97.8% |  |  |
| Race/Ethnicity                   |       |  |  |
| American Indian or Alaska Native | 2.2%  |  |  |
| Asian or Asian Indian            | 1.1%  |  |  |
| Black or African American        | 1.1%  |  |  |
| Hispanic or Latino               | 1.1%  |  |  |
| Not Sure                         | 2.2%  |  |  |
| Some Other Race                  | 1.1%  |  |  |
| White or Caucasian               | 79.1% |  |  |
| Two or More Races                | 12.1% |  |  |

- When asked about the biggest problems in their communities, youth respondents rated the following issues as "moderate" or "serious":
  - The number of young people who use e-cigarettes and other vaping products (86.7%)
  - The number of children who don't have enough money to get things like food, clothing and a good, regular place to live (80.0%)
  - The number of young people who have suicidal thoughts or die by suicide (78.9%)
  - The number of children who do not go to the doctor when they need to (78.7%)
  - The number of children who do not have a safe place to live (78.0%)
  - The number of bullied children and young people (77.8%)
- In open-ended responses, youth most often mentioned alcohol, tobacco and other drugs with 27 mentions, followed by child maltreatment with 11 mentions, mental health with 9 mentions, bullying with 7 mentions and having a safe place to live with 7 mentions.

#### **KEY INFORMANT INTERVIEWS**

The CHNA team identified and interviewed 28 subject matter experts as key informants in Aug. and Sept. 2024 via Zoom. These stakeholders and experts included medical providers, policy officials, Arkansas Children's senior leadership and community leaders, who often had a statewide lens and could speak to key issues in Arkansas or Oklahoma. Eighteen percent of stakeholders interviewed had specific expertise relevant to the ACNW community. The team developed questions to probe potential pediatric health needs that the key informant may have identified through their work or area of expertise. Additionally, key informants had the opportunity to share other concerns about children in the region and their health and quality of life.

#### Methodology

Boyette completed an initial analysis of the interviews by identifying key themes that emerged throughout all conversations. They organized the interview notes in a spreadsheet to quantify the frequency and depth of concerns for each need. That analysis confirmed overlapping issues, primarily related to barriers to accessing quality medical care. Boyette provided a summary of findings from the interviews to the Arkansas Children's team, including quotes from key informants that illustrated the common perspectives across most of the interviews.

#### **Key Findings**

- All key informants discussed access to services and preventive care, with much of the discussion centered around a shortage of health care professionals and the link to health care deserts in many rural areas of the state.
- There were significant needs identified in behavioral and mental health, including a serious shortage of trained professionals to meet the needs.
- Discussions related to insurance coverage focused primarily on the number of people dropped from Medicaid coverage and the need to ensure that the system of qualifying and retaining coverage is manageable.
- Informants mentioned expanding home visiting and parent education programs as potential positive steps toward addressing child maltreatment and maternal and infant health.
- Additionally, all interviewees mentioned the role financial resources and poverty play across all health needs and how this affects children's health. They discussed new dimensions of financial hardship, including the concept of individuals and families experiencing economic hardship though living just above the federal poverty level (FPL), known as ALICE (Asset Limited, Income Constrained, Employed).



#### **FOCUS GROUPS**

The CHNA team developed a series of virtual and in-person focus groups to capture additional key stakeholder feedback. The series concluded with 26 groups and engaged 314 stakeholders, including physicians, internal community-engaged team members, the Arkansas Infant and Child Death Review State Panel, the Natural Wonders Partnership Council, parents and caregivers, educators, medical providers and community leaders. Of the 26 groups, nine were in person, 17 were virtual, four were with the Hispanic community and one was with the Marshallese community. Twenty-two percent of focus group participants live in the ACNW community.

#### **Participant Recruitment**

The team used a snowball recruitment technique to ensure broad participation from diverse stakeholders across the state. Stakeholders received an email invitation to participate in the focus groups and the flyer at right to share with their communities. Additionally, the team leveraged regular meetings that convene partner groups to capture their feedback.

#### **Focus Group Guide**

A developed focus group guide provided structure to the discussions. It included a full script of the introductory information for each group, including how their feedback would help identify and address children's health needs in Arkansas. It also included instant poll questions, which the team inserted into the conversation intermittently. Conversations opened with general questions to gather their thoughts about the status of children in Arkansas, followed by more specific exploration around the social conditions that impact health, access to and quality of clinical care, physical environment, social and economic factors affecting



#### We need your help!

Arkansas Children's would like to learn more about the health needs of children living in our communities.

Please join us for a 1-hour focus group to share your perspectives on children's health by scanning the QR code below! In-person and virtual group options are available, and you will receive a gift card to thank you for your time.

Your input is crucial as we work to identify and address key pediatric health needs.



For more information or questions, contact {Name} at {e-mail address}.

Champions for Children



SCAN HERE

health and health behaviors. Each topic provided opportunities for the facilitator to probe deeper to get full perspectives from participants. Each focus group closed with participants having the opportunity to share ideas of how they would improve children's health if unlimited resources were available.

Appendix B contains the focus group guide.

#### Methodology

The team used inductive and deductive analysis to determine findings from the focus groups. During the conversations, a notetaker captured verbatim notes, along with a recording of the discussion. A list was developed of emerging themes and notes of any group dynamics that may have influenced the conversation. The team coded feedback into specific needs and any "subthemes" that may have emerged to further the analysis. Twelve focus groups incorporated instant poll questions, allowing participants to respond and see immediate results. The poll questions were aligned with the parent and caregiver survey and were placed throughout the focus groups to introduce new topics for discussion.

#### **Key Findings**

Parental education and support were a common topic of conversation reinforced by poll answers. Forty percent of participants said parenting and family support were most important to children's health. Another poll question asked participants about their most significant concern regarding children's health. The top two answers were Mental Health Issues (46%) and Poverty and Finances (36%). When polled about barriers to accessing health resources, participants reported many barriers, including language, lack of trust, insurance, time away from job, transportation, lack of services in rural areas and affordability.



In the open discussion, access to services or lack of services were the topics most frequently discussed by focus group participants, followed by poverty, lack of finances and lack of parental education. Conversations around the issue of parental education and support emerged across many identified needs. Participants mentioned some problems could be best addressed with more parental education and support, such as home visits after the birth of a baby. Mental and behavioral health was also a topic woven throughout the discussions. Participants included thoughts about what may be driving the increased need for mental health services. Commonly suggested causes of poor mental health among children included bullying, social media and screen time, and drug use (by both parents/caregivers and children).

### **PRIORITIZATION OF IDENTIFIED HEALTH NEEDS**

Arkansas Children's researched how other children's hospitals prioritized health needs. In consultation with the Children's Hospital and Catholic Health Associations, Arkansas Children's created a unique weighting and rating index tool for the 2022 CHNA. With slight revisions, Arkansas Children's again used this methodology to prioritize the child health needs identified in this assessment.

The CHNA team, the CHNA Working Group and key members of the CHNA Advisory Committee used the following factors to analyze each identified health need:

- Scope (10%) how widespread the need may be among the community's children
- Severity (16%) based on the outcomes expected if nothing further is done to address the need
- Community Priority (20%) how elevated was the issue among the community
- Health Disparities (9%) considered race, rurality and poverty disparities
- Connection to Strategic Priorities (10%) focused on how the need aligns with Arkansas Children's mission, vision and strategic priorities
- Critical Leadership and Other Considerations (10%) how advisory group members prioritized the needs considering their expertise
- Ability to Impact (15%) considered whether Arkansas Children's or other entities currently address this issue and the likelihood for impact with targeted effort and resources
- Ability to Measure Success (10%) considered how to measure the effectiveness of Arkansas Children's efforts on a given need using existing metrics

| Rating and Weighting Index for 2025 Community Health Needs Assessment |   |           |                       |                       |                                |  |  |                      |                                  |         |          |
|---|---|-----------|-----------------------|-----------------------|--------------------------------|--|--|----------------------|----------------------------------|---------|----------|
|   | Factors Determined by Data and<br>Community (55 points) |           | Ñ                     | Factors Deter         | rmined by Advis<br>(45 points) | ory Grou   | ıps  | S                    | Q                                |         |          |
|   | Scope   | Severity  | Community<br>Priority | Health<br>Disparities | ub-tota                        | Connection to Arkansas<br>Children's Mission,<br>Vision and Priorities | Critical Leadership<br>and Other<br>Considerations | Ability to<br>Impact | Ability to<br>Measure<br>Success | ub-tota | erall Tc |
| Point Value<br>for Factor   | 10 points   | 16 points | 20 points             | 9 points              | -                              | 10 points  | 10 points  | 15 points            | 10 points                        | -       | Total    |

The first four factors – scope, severity, community priority and health disparities – were based on metrics for each component and scored by the CHNA team. Appendix C contains the metrics used to determine scoring for this section.

The CHNA Working Group, which included team members serving ACNW, and key members of the CHNA Advisory Committee, which included Arkansas Children's senior leadership, ACNW leadership and key external partners, scored the remaining components – connection to strategic priorities, critical leadership and other considerations, ability to impact and ability to measure success. Each working group and advisory committee member used a two-page summary of each identified need and submitted their scores to the CHNA team online. Working group and advisory committee members also had access to the CHNA team through open office hours for questions and support throughout the scoring process.

The CHNA team, CHNA Working Group and the CHNA Advisory Committee reviewed the results of this online scoring process at a meeting in January 2025. After combining the online and preliminary scores, the group discussed and confirmed the overall prioritization.

#### **PRIORITIZED CHILD HEALTH NEEDS**

The needs that scored highest in this process as priorities for the 2025 ACNW CHNA will be addressed with focused resources and efforts in the 2026-2028 ACNW Implementation Strategy. These priorities are Well-Child Care and Behavioral & Mental Health.

Please note that the CHNA team and CHNA Advisory Committee previously reviewed Well-Child Care as two separate needs: Access to Care and Preventive Care. After review and discussion, they determined that the two needs had many overlapping issues and decided to combine and address them as one.

The 2022 CHNA identified an intersecting need titled Poverty and Finances. During this assessment, the CHNA team expanded this understanding to include new dimensions of financial hardship. This updated term incorporates individuals and families slightly above the poverty line but still experiencing economic struggles.

The team also determined a more precise role these hardships play in affecting health outcomes, indicating Financial Hardship as a Moderator of Health. A moderator changes the relationship between two things. While poverty may not cause poor health, it influences the impact of various factors on overall health, such as nutrition, access to health care and others.

### Priorities for the 2025 ACNW Community Health Needs Assessment

WELL-CHILD

Access to Care Preventive Care BEHAVIORAL & MENTAL HEALTH

# – MODERATOR OF HEALTH – FINANCIAL HARDSHIP







# **Priority Needs**

- Well-Child Care: Access to Care & Preventive Care
- Behavioral & Mental Health

### **OVERVIEW**

The 2025 CHNA identified well-child care as a prominent child health need. This issue includes access to care and preventive care. Access to care incorporates provider access, ease of getting in for and to an appointment and affordability, while preventive care involves children getting well-child care, visits and preventive services.

During the stakeholder engagement process, access and prevention were two of the most prominent themes discussed. Often, stakeholders framed well-child and preventive care as foundational. One key informant characterized access to care as fundamental to healthy children: "A caring family; stable housing; enough to eat; quality childcare; and quality education. Those are the basics for children to be healthy and thrive. Layered atop that foundation would be quality, accessible care."

The National Academies of Sciences, Engineering and Medicine define access to health care as the "timely use of personal health services to achieve the best possible health outcomes." Barriers to accessing care include health insurance status, available health care resources, time, transportation, financial strain and more. Twenty-four percent of Arkansas children ages 1-17 reported having no well-child visits in the past 12 months (HRSA NSCH, 2022-2023).

Preventive health care is linked to access, as the ability to access health services determines whether children receive screenings, vaccinations, well-child appointments and other early interventions that prevent serious illness.

Well-child care encompasses the following topics:

- Health care provider distribution and availability
- Immunizations and preventive care
- Well-child, primary care and pediatrician visits
- Financial burden of care
- Parental education
- Insurance
- Oral health



# **ATA GLANCE**

# 43/50

Arkansas Rank: Well-Child Visits Oklahoma Rank – 41/50 America's Health Rankings, 2024

# 8/15

#### **ACNW** Counties with No Pediatricians

Arkansas Counties – Carroll, Franklin, Johnson, Logan, Madison, Newton

Oklahoma Counties – Adair, Sequoyah

The American Board of Pediatrics, 2024

#### 7.3% 7.1% Arkansas

Oklahoma

Uninsured Children Aged 0-18, 2023

Compared to the U.S. (5.3%)

Kaiser Family Foundation (KFF), 2023



66.6% 2025 CHNA

Arkansas Immunization Rate for 19-35 Months

> Arkansas Department of Health, 2024



Arkansas Rank: **HPV Vaccinations** Oklahoma Rank – 48/50 America's Health Rankings, 2024

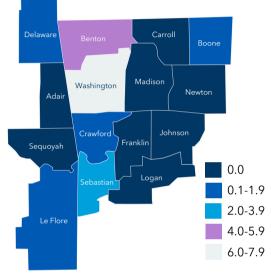
### **SECONDARY DATA**

The CHNA team identified significant data to determine whether well-child care should be considered as a child health need. The following data points support the inclusion of this child health need.

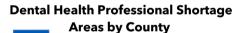
#### **HEALTH CARE AVAILABILITY, UTILIZATION & COST**

- In 2023, 47.1% of Arkansas children and 44.6% of Oklahoma children under age 19 were covered by Medicaid. Additionally, 7.3% in Arkansas and 7.1% in Oklahoma were uninsured, compared to the U.S. average of 5.3%. This ranks Arkansas as the 6th and Oklahoma as the 8th highest rate of uninsured children nationwide (KFF, 2023).
- The ACNW region has 4.2 American Board of Pediatrics-certified general pediatricians per 10,000 youth ages 0 to 17, which is lower than the state value of 5.6 and the U.S. value of 7.8 (The American Board of Pediatrics, 2024). The map at right reflects the presence of pediatricians by county in the ACNW area.
- Arkansas has a primary care patient-to-physician ratio of 1,480:1 and a patient-to-dental provider ratio of 2,040:1 (County Health Rankings, 2021).
- In 2023, 75.9% of Arkansas children ages 1-17, compared to 78.8% of U.S. children, reported having one or more well-child visits in the past 12 months. Similarly, 78.3% of Arkansas children, compared to 79.2% of U.S. children, had one or more preventive dental care visits (HRSA NSCH, 2022-2023).
- Compared to the U.S. average of 9.3%, Arkansas had the 6th highest percentage of children whose families had trouble paying for their child's medical care in the last 12 months, with 11.7% in 2023. Oklahoma's percentage for the same measure was 7.4%, lower than Arkansas and the U.S. (KFF, 2023).
- The map at right indicates that 10 of the 15 ACNW regional counties are identified as Health Professional Shortage Areas (HPSA) for dental care in their entirety. The Health Resources and Services Administration determines HPSA with three scoring criteria:
  - Population-to-provider ratio
  - Percent of the population below 100% of the FPL
  - Travel time to the nearest source of care outside of HPSA

Pediatricians per 10,000 Youth Ages 0 to 17 by County



Source: The American Board of Pediatrics, 2024





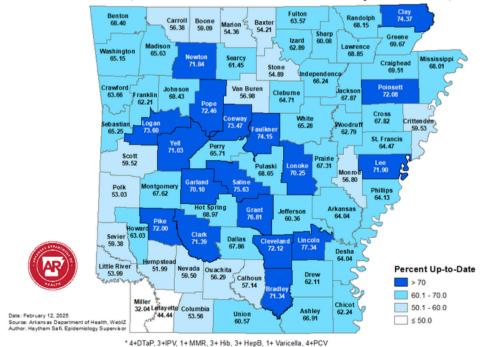
None of county is shortage area Whole county is shortage area Source: Rural Health Information Hub, 2024

- In 2022, 60.2% of Arkansas and 63.2% of Oklahoma households had internet through a broadband subscription. Eleven of the 15 counties in the ACNW community had fewer households with broadband internet than their respective state percentages (Esri Business Analyst Online, 2025).
- Arkansas has shown some improvement in connectivity over recent years, jumping from 50th in BroadbandNow's 2022 annual ranking assessment to 32nd in 2024.

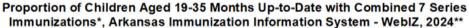
#### **IMMUNIZATIONS**

- The overall Arkansas vaccination rate for the 19-35-month age group was 66.6% for the seven-vaccine series in 2024. In northwest Arkansas, this rate varies from 56.4% in Carroll County to 73.6% in Logan County (ADH WebIZ, 2024).
- The Oklahoma State Department of Health conducts an annual Kindergarten Immunization Survey to assess vaccination coverage in the state.

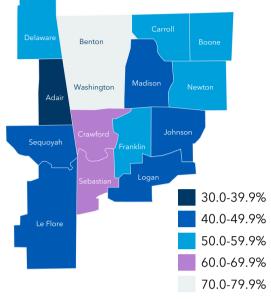
The 2023-2024 school year survey indicates that 86.4% of Oklahoma's kindergarten students are fully vaccinated. Of the four Oklahoma counties in the ACNW region, kindergarten vaccination coverage rates are 91.6% in Adair, 90.0% in Delaware, 90.4% in Le Flore and 79.5% in Sequoyah.



\*\* Vaccination Coverage in this Map are for all Children Age 19-35 Months in 2024



2022 Percent of Households with Internet through Broadband Subscription



Source: Esri Business Analyst, 2025

#### **IMMUNIZATIONS**

- In the 2023-2024 school year, 3.3% of U.S. kindergarteners had any vaccine exemption. In the same year, 3.5% of Arkansas kindergarteners and 5.7% of Oklahoma kindergarteners had an exemption (CDC SchoolVaxView, 2023-2024).
- Vaccine exemptions contribute to lower child vaccination rates.
  - Arkansas's total exemption rate was 22.7 exempted per 1,000 students for the 2024-2025 school year (ADH, 2024). The graph at right demonstrates that seven of the 11 Arkansas counties in the ACNW region have a higher exemption rate than that of the state. Madison (54.2%) and Boone (46.3%) counties have exemption rates that are more than double Arkansas's rate (ADH, 2024).
  - The 2023-2024 OSDH Kindergarten Immunization Survey found 5.6% of public school and 9.0% of private school kindergarten students had a record of immunization exemption. None of the Oklahoma counties in the ACNW community had an exemption rate higher than the Oklahoma state average.

#### **Immunization Exemption Rates** per 1,000 Students

Arkansas Counties & State, 2024

| Madison County    | 54.2% |
|-------------------|-------|
| Boone County      | 46.3% |
| Benton County     | 44.8% |
| Crawford County   | 42.6% |
| Carroll County    | 38.1% |
| Newton County     | 34.0% |
| Washington County | 23.5% |
| Arkansas (State)  | 22.7% |
| Sebastian County  | 20.2% |
| Logan County      | 20.9% |
| Johnson County    | 20.4% |
| Franklin County   | 18.8% |

Source: ADH, 2024

#### Percentage of Kindergarten Students with Record of Any Exemption

Oklahoma Counties & State, 2024

| Adair County     | 2.0%      |
|------------------|-----------|
| Delaware County  | 3.7%      |
| Le FLore County  | 2.8%      |
| Sequoyah County  | 5.7%      |
| Oklahoma (State) | 5.7%      |
| <u> </u>         | 2211 2224 |

Source: OSDH, 2024

- Nearly 56% of Arkansas adolescents ages 13-17 received all recommended doses of the human papillomavirus (HPV) vaccine, compared to almost 63% of U.S. adolescents (CDC National Immunization Survey - Teen, 2022).
- Pertussis, or whooping cough, rates have dramatically increased over the last two years. Arkansas reported 299 cases of pertussis in 2024, which is more than 17 times higher than pertussis cases reported in 2023, according to the CDC's annual Provisional Pertussis Surveillance Reports. Between 2023 and 2024, pertussis rates per 100,000 increased from 0.6 to 9.8 in Arkansas and from 1.7 to 10.6 in the U.S. Similarly, in Oklahoma, pertussis rates increased from 0.2 in 2023 to 11.7 in 2024.
- As of April 2025, all Arkansas counties in the ACNW region had at least one other designated Vaccines for Children (VFC) provider apart from local health units (LHU) (ADH, 2025).

### **PRIMARY DATA**

#### **KEY INFORMANT FEEDBACK**

All 28 key informants interviewed as part of the stakeholder engagement process mentioned well-child topics in their discussion of children's health. Key informants identified several themes as prominent well-child issues.

- Most conversations about access to health care began with concerns about the low numbers of medical providers, specifically pediatricians and other specialists.
- Insurance is another broad-based concern around access to care. Key informants pointed out that children with Medicaid coverage may have difficulty finding a physician who accepts it. In contrast, other children who do not qualify for Medicaid may have no insurance or their families cannot cover the cost of care.
- Many key informants saw parental education about the importance of preventive services as an essential part of the system of children's health as a gap.
- Key informants identified school-based health centers (SBHCs) as a strength for the state, and many stakeholders expressed a desire to expand school-based health programming.
- One of the most recurring sentiments concerned "meeting children where they are." SBHCs were cited as an example of doing this well. Additionally, some key informants discussed using mobile clinics to reach children in areas where access to care is challenging.

"Your region determines what access your children and family have. In terms of access to quality education, health care and services, there are some deserts and islands across Arkansas. There are families in need of support that have nowhere to go to find it." - Key informant

# SCHOOL-BASED HEALTH

School-based health centers (SBHCs) were identified as important places where students and the community can access and receive health care, including preventive services.

> "To help young people's health, schools could offer regular check-ups and therapy." – ACNW youth survey participant

> > 22%

of parents reported their children receive care at a SBHC Source: CHNA Parent & Caregiver Survey, 2024

20

SBHCs in Northwest Arkansas Source: School-Based Health Alliance of

Source: School-Based Health Alliance of Arkansas SBHC Directory, 2025

8/11 Northwest Arkansas

Counties with a SBHC

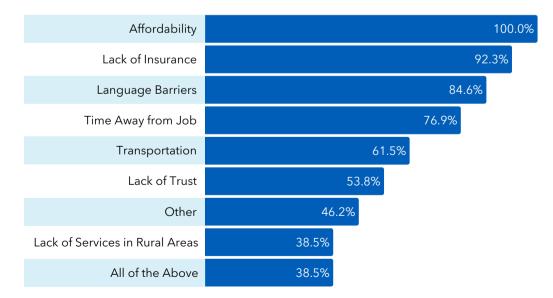
Source: School-Based Health Alliance of Arkansas SBHC Directory, 2025

#### **FOCUS GROUP FEEDBACK**

Every focus group discussed well-child topics; specifically, lack of access to services was the most identified topic with 67 total mentions.

- Eleven percent of focus group participants cited lack of affordable health insurance as a top concern.
- The following themes emerged from focus group feedback:
  - Lack of pediatricians close to home
  - Inability to afford transportation or get time off work to take children to appointments
  - Lack of access to specialty and dental care
  - Health paperwork is difficult for parents to complete
  - Lack of providers who will accept Medicaid
  - Under-utilization of school-provided health education and resources
  - Distrust around immunizations and health care
- Fifty-seven percent of Hispanic focus group participants reported they did not know about assistance services in their area. When asked about the first thing that comes to mind about children's health, most Hispanic focus group participants named health care costs and concerns about immigration status.
- Marshallese focus group participants identified multiple obstacles, displayed in the graph below, that prevent their children from receiving sufficient health care.

#### Which, if any, of the following do you see as barriers to accessing health resources for children? Marshallese Focus Group Participants



Source: CHNA Marshallese Focus Group, 2024

"I've been in the process of gathering kindergarten physicals. It's so hard to get access to a wellness check for these kids. In northwest Arkansas, we have tons of providers, but they are booking out to October from June."

#### PARENT SURVEY RESULTS 66 • When asked about the top problems facing their "I feel like there should be community, 30.8% of parents in the ACNW region more pediatric clinics in selected affordable health insurance. Additionally, 22.4% of parents chose poverty and finances, and our community that offer 14.4% selected lack of quality health services. sliding scale fees. Access to health care shouldn't • Fifty percent of parent respondents reported that depend on income, and too their children have Medicaid (ARKids First), many children go without followed by 29% reporting employer- or unionprovided group health insurance. care because of the cost." Parent and caregiver • More than a fifth (21.8%) of parent respondents survey participant report that their child or children saw a health care professional at a SBHC. 99 **ACNW Community Parent & Caregiver Perspectives on Well-Child Topics** Serious Problem Moderate Problem Minor Problem Not a Problem Number of Children Who Are Not Number of Children Who Have Number of Children Who **Dental Problems Receiving Regular Health Checkups** Are Not Vaccinated .0% 10.1% 17.0% 24.0% 24.3% 23.6% 28.1% 29.8% 29.2% **29.8**% 40.5%

Source: CHNA Parent & Caregiver Survey, 2024

36.5%

Source: CHNA Parent & Caregiver Survey, 2024

Source: CHNA Parent & Caregiver Survey, 2024

### Of northwest Arkansas parents who reported difficulties in accessing health care for their child or children:

49% couldn't get a timely appointment

22%

had no transportation to get to the appointment

20%

couldn't get to the office during their hours of operation

16%

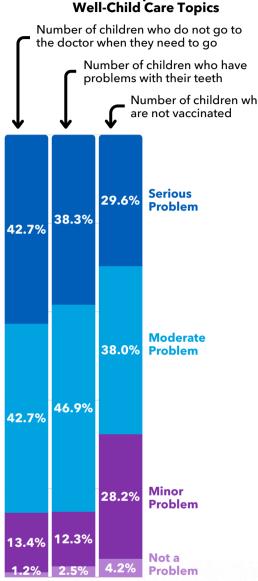
couldn't find needed specialty care locally

13%

reported no health insurance or couldn't afford the care

#### **YOUTH SURVEY RESULTS**

- Youth respondents identified well-child topics when thinking about how their communities sustain their health and that of other children. Of the factors named, 26.4% related to well-child topics.
- The following quotes are examples of ACNW youth perspectives on the support they receive from their communities:
  - "They make sure that my health is up to date by taking me to my regular check-ups."
  - "They have a school doctor."
  - "They offer flu shots."
- Respondents expressed a desire for • stronger school nurse programs, expanded vaccine provision, connections to dental and eye care services, access to basics like hygiene products and clothing and other health resources through school programming.
- When asked what adults could do to help with their health, 25.9% of the factors youth named were well-child related. One respondent stated, "An adult in my life could help me with my health by making sure all of my doctors' appointments are updated, and my dentist [appointments] as well."



Source: CHNA Youth Listening Survey, Northwest Arkansas Respondents, 2024

### Number of children who

Youth Perspectives on

### **HEALTH DISPARITIES**

In addition to identifying general children's health needs, it is critical to understand any impacts that disproportionately affect specific populations of children.

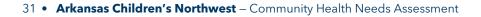
The table at right compares the number of pediatric physicians by county to the state average. Disparities exist related to all three areas of concern: rural, racial and economic.

Arkansas and Oklahoma have 5.6 and 4.4 American Board of Pediatricscertified pediatricians per 10,000 youth ages 0 to 17, respectively. Forty-three Arkansas counties and 41 Oklahoma counties have no pediatricians (American Board of Pediatrics, 2024).

All five counties defined as rural have zero pediatricians. All five counties with the highest non-White population have a lower pediatrician ratio than their respective state's. All five counties with the highest poverty rates have a lower pediatrician ratio than their respective state's.

The CHNA team sourced the data for the ratio of pediatricians from the American Board of Pediatrics.

| WELL-CHILD MEASURES                            |   |             |  |
|--|---|-------------|--|
| County   | Pediatricians per 10,000<br>Youth Ages 0-17, 2024 |             |  |
| ,, ,   | County Ratio                                      | State Ratio |  |
| RUR  | AL DISPARITY                                      |             |  |
| Newton, Ark.                                   | 0   | 5.6         |  |
| Franklin, Ark.                                 | 0   | 5.6         |  |
| Madison, Ark.                                  | 0   | 5.6         |  |
| Adair, Okla.                                   | 0   | 4.4         |  |
| Logan, Ark.                                    | 0   | 5.6         |  |
| RAC  | IAL DISPARITY                                     |             |  |
| Adair, Okla.                                   | 0   | 4.4         |  |
| Sequoyah, Okla.                                | 0   | 4.4         |  |
| Delaware, Okla.                                | 1.2   | 4.4         |  |
| Le Flore, Okla.                                | 1.6   | 4.4         |  |
| Sebastian, Ark.                                | 3.3   | 5.6         |  |
| ECON   | OMIC DISPARIT                                     | Y           |  |
| Adair, Okla.                                   | 0   | 4.4         |  |
| Johnson, Ark.                                  | 0   | 5.6         |  |
| Franklin, Ark.                                 | 0   | 5.6         |  |
| Le Flore, Okla.                                | 1.6   | 4.4         |  |
| Sequoyah, Okla.                                | 0   | 4.4         |  |
| Source: The American Board of Pediatrics, 2024 |   |             |  |



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### **OVERVIEW**

One of the most significant issues identified in this CHNA is children's behavioral and mental health. Child mental health includes developmental and emotional milestones, healthy social skills and coping mechanisms (CDC, 2024). Childhood and adolescence are critical stages for mental health. In one key informant's words, a child's "mental health future gets set very early in life."

Focus group participants, key stakeholders and parents elevated this issue as one of their most significant concerns. More than a guarter of the youth surveyed identified factors related to mental health as the number one problem they face today.

Arkansas ranks 43rd out of the 50 states and Washington, D.C., for youth mental health, as analyzed by Mental Health America in 2024. This ranking considered the occurrence of youth major depressive episodes, substance use disorder, suicidal thoughts, flourishing behavioral health and access to mental health services. In 2023, 24.4% of Arkansas high school students and 23.3% of Oklahoma high school students participating in the CDC YRBSS reported seriously considering suicide.

Arkansas also continues to rank poorly compared to other states' youth mental health conditions, based on the percentage of children diagnosed with attention-deficit/hyperactivity disorder (ADHD), depression, anxiety or behavior/conduct problems (America's Health Rankings, 2024).

Perhaps the most significant challenge facing Arkansas children and families is the shortage of mental health providers. Arkansas has a population-to-provider ratio of 380:1 for mental health providers (County Health Rankings, 2024). This ratio varies significantly by county, from 250:1 in Washington County to 8,640:1 in Franklin County in the ACNW community.

Data collection and analysis for this CHNA broadly acknowledged the negative impact of social media and technology on youth mental health. At the time of this writing, Arkansas is implementing new interventions to address behavioral and mental health, such as recent legislation that will require public schools to implement phone-free policies for students in the 2025-2026 school year.

# **ATA GLANCE**

44/50

Arkansas Rank: Child Mental Health Conditions

Oklahoma – 42

America's Health Rankings, 2024



420:1

Population-to-Provider Ratio for Mental Health Services

> Arkansas – 380:1 Oklahoma – 230:1

County Health Rankings, 2024

1.6 Arkansas Oklahoma

Teen Suicide Rate (per 100,000 youth ages 15-19) Compared to the U.S. (10.5)

CDC WONDER, 2020-2022

# 48/50

Arkansas Rank: Flourishing **Behavioral Health** (6 months-17 years) Oklahoma Rank – 40/50

America's Health Rankings, 2024



Arkansas High School **Students Reported Feeling** Sad or Hopeless

Oklahoma – 38.6% in 2019, 44.9% in 2023

CDC YRBSS, 2023

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### **SECONDARY DATA**

The CHNA team identified significant data to determine whether this assessment should consider behavioral and mental health as a child health need. The following data points support the inclusion of this child health need.

#### **ACCESS TO MENTAL HEALTH SERVICES**

- Arkansas and Oklahoma have a severe shortage of mental health professionals. All 15 counties identified for the ACNW community are designated as HPSA for mental health professionals (Rural Health Information Hub, 2024).
- Arkansas has a patient-to-provider ratio of 380:1, with 7,980 total mental health providers. The 15-county region's ratio is slightly lower at 358:1, but varies greatly from 200:1 in Washington County to 8,640:1 in Franklin County (County Health Rankings, 2024).
- Arkansas ranked 46th in youth with private insurance that does not cover mental or emotional problems. Oklahoma ranked 33rd for this measure, with 9% of youth not covered for mental or emotional problems. (Mental Health America, 2024).
- In Arkansas, 58.3% of youth diagnosed with a major depressive episode (MDE) did not receive mental health services in 2024, compared to 56.1% of children in the nation. Oklahoma reports 56.6% of youth who did not receive services following an MDE. (Mental Health America, 2024).

#### **CHILD MENTAL & BEHAVIORAL HEALTH CONDITIONS**

- Approximately 24.8% of Arkansas children ages 3-17 have been told by a health care provider they currently have ADHD, depression or anxiety problems or were told by a doctor or educator they have behavior or conduct problems. That compares to a U.S. average of 19.9% (HRSA NSCH, 2022-2023).
- The 2023-2024 Arkansas and Oklahoma Prevention Needs Assessment (PNA) Surveys highlighted some common feelings among students in grades 6-12. The chart at right details student responses to questions related to mental health. These data are aggregated by the 15-county ACNW region and based on "All of the Time" and "Most of the Time" responses.

| Population to Mental<br>Health Provider Ratio |         |  |  |
|---|---------|--|--|
| County  | Ratio   |  |  |
| Benton, Ark.                                  | 420:1   |  |  |
| Boone, Ark.                                   | 670:1   |  |  |
| Carroll, Ark.                                 | 1,150:1 |  |  |
| Crawford, Ark.                                | 1,610:1 |  |  |
| Franklin, Ark.                                | 8,640:1 |  |  |
| Johnson, Ark.                                 | 380:1   |  |  |
| Logan, Ark.                                   | 7,080:1 |  |  |
| Madison, Ark.                                 | 760:1   |  |  |
| Newton, Ark.                                  | 2,360:1 |  |  |
| Sebastian, Ark.                               | 260:1   |  |  |
| Washington, Ark.                              | 250:1   |  |  |
| Arkansas                                      | 380:1   |  |  |
| Adair, Okla.                                  | 400:1   |  |  |
| Delaware, Okla.                               | 470:1   |  |  |
| Le Flore, Okla.                               | 300:1   |  |  |
| Sequoyah, Okla.                               | 330:1   |  |  |
| Oklahoma                                      | 230:1   |  |  |
| Source: County Health Rankings, 2024          |         |  |  |

# During the past 30 days, about how often did you feel \_\_\_\_?

"All of the Time" & "Most of the Time"

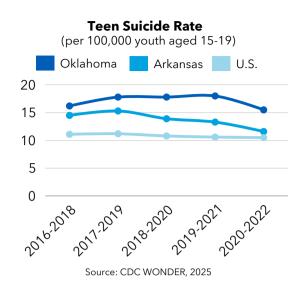
| Restless or Fidgety           | 34.7% |
|-------------------------------|-------|
| Nervous                       | 34.6% |
| That Everything Was an Effort | 32.8% |
| Worthless                     | 22.2% |
| Hopeless                      | 21.2% |

Source: Arkansas and Oklahoma PNA Surveys, 2023-2024

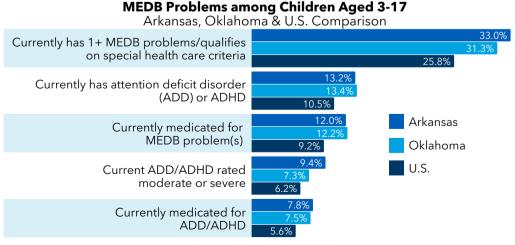
• Nearly 35% of students surveyed reported feeling nervous, 22% reported feeling worthless and 21% reported feeling hopeless in the past 30 days.

### **Priority: Behavioral & Mental Health**

- Among Arkansas children ages 6-17, 16.8% reported bullying others at least once in the past year, and 40.6% were bullied at least once in the past year (HRSA NSCH, 2022-2023).
- Between 2021 and 2022, 19.0% of Arkansas youth ages 12-17 reported suffering from at least one major depressive episode, and 14% of the youth population reported having serious thoughts of suicide during the same year (Substance Abuse and Mental Health Services Administration (SAMHSA) National Survey on Drug Use and Health (NSDUH), 2023).
- In 2023, 24.4% of Arkansas and 23.3% of Oklahoma high school students seriously considered attempting suicide in the past 12 months. Additionally, 45.1% of Arkansas high school students felt sad or helpless, and 28.2% reported that their mental health was most of the time or always not good (CDC YRBSS, 2023).



- As seen in the graph above, Arkansas's and Oklahoma's teen suicide rate per 100,000 youth aged 15-19 has varied over the past several years. In 2022, Arkansas's rate was 11.6, slightly higher than the national rate of 10.5, while Oklahoma's was much higher at 15.5.
- Arkansas's low Flourishing Behavioral Health ranking is related to scoring two age groups. Among children ages 0-5, flourishing items measured curiosity and discovery about learning, resilience, attachment with parent and contentment with life. Among youth ages 6-17, items gauged curiosity and discovery about learning, resilience and self-regulation. For the 2022-2023 school year, 75.0% of Arkansas children ages 0-5 met all four flourishing items, compared to 78.3% of U.S. children. During the same year, 56.8% of Arkansas youth ages 6-17 met all three flourishing items, compared to 60.4% of U.S. youth (HRSA NSCH, 2022-2023).
- Between 2022 and 2023, developmental screening in Arkansas was 4.8 times higher among children aged 9-35 months with a caregiver who is a college graduate (34.3%) than those with a caregiver who is a high school graduate (7.2%) (HRSA NSCH, 2022-2023).
- The following graph compares Arkansas, Oklahoma and the U.S. on various reported mental, emotional, developmental or behavioral (MEDB) problems among children ages 3-17.





## **PRIMARY DATA**

Multi-faceted stakeholder engagement provided a framework for identifying community priorities. The following is a summary of findings from stakeholder engagement related to behavioral and mental health.

#### **KEY INFORMANT FEEDBACK**

Of the 28 key informants interviewed as part of the stakeholder engagement process, 19 addressed behavioral and mental health topics in their discussion of children's health.

- Several key informants discussed schools' role in treating behavioral and mental health. As that role has increased, key informants believe there should be some attention on building tiered support systems that include families, schools, medical providers, public agencies and civic or faith-based organizations.
- Some key informants suggested that addiction to substances and associated behavioral issues are likely to continue increasing.

#### **FOCUS GROUP FEEDBACK**

- Nearly half of the focus group participants discussed behavioral and mental health as one of the top two most significant concerns that affect children's health in Arkansas. They also expressed concern about the lack of access to mental health services.
- A Marshallese focus group participant pointed out a gap in mental health providers: "Mental health services are nonexistent in this area unless you're in the school system and you're ordered to put your kid into some type of therapy."
- Several focus group participants discussed the impact of social media and screen time on mental health in adolescence.
- The post-COVID landscape for children's behavioral and mental health was of particular concern among educators. Teachers and counselors spoke about the rise in anxiety, more complicated behavioral issues and the relationship between pandemic isolation and technology reliance.

"We are seeing a swing in mental health crises. It's a multi-factorial issue. With the trajectory we are on with mental health issues, crises and suicidality, I don't see how there could not be a long-term deficit. This is during a transformative time for kids who should be learning social skills and determining life plans." Key informant

6

"For children, we don't have very many mental health providers. The closest ones are in Bentonville or Fayetteville, which are almost an hour away, so for families with limited resources, this is a lot."
Focus group participant

#### **PARENT SURVEY RESULTS**

- Forty-one percent of respondents identified mental health as one of the top five issues affecting children's health and well-being.
- Forty percent of respondents identified bullying as one of the top five issues affecting children's health and well-being.
- Almost half of the respondents believe that the number of children and adolescents who have suicidal thoughts or die by suicide is a serious problem.
- The survey also explored parents' perceptions of school-based health services. Sixty-six percent of the northwest Arkansas respondents expressed a need for mental health services to be provided at school.

#### **YOUTH SURVEY RESULTS**

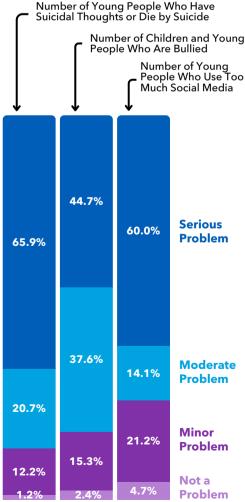
- Youth most frequently cited the following topics related to mental health: social media addiction and an over-reliance on technology, suicidal thoughts, suicide and bullying.
- Social media was a prominent theme related to children's mental health. One respondent said, "The constant exposure to social media can lead to issues like cyberbullying, anxiety, depression and unrealistic expectations of life and self-image."
- Many youth expressed a desire for stronger mental health support systems in their communities and schools. One student said, "Schools could offer counseling or therapeutic sessions." Another said, "They can offer support groups for students to talk with each other."
- Youth shared that support, encouragement and opportunities for open conversations about emotions are missing in their communities.
- In thinking about what an adult could do to help, one student said, "An adult in my life could help me with my health by providing support, encouragement and accountability."
- One youth shared that adults could "Spend more time with me, so I feel closer to them and less like I'm alone and surrounded by my own thoughts 24/7."

When asked how much these issues affect peers in their community, the data at right reflect youth perspectives.



"Our community could really use more accessible mental health services for children. Too many kids are dealing with anxiety and depression, and it's hard for families to find affordable counseling. We need more programs to support their emotional well-being." - Parent and caregiver survey respondent

#### Youth Perspectives on Behavioral & Mental Health Topics



Source: CHNA Youth Listening Survey, 2024

## **HEALTH DISPARITIES**

In addition to identifying general children's health needs, it is critical to understand any impacts that disproportionately affect specific populations of children.

The table at right shows the mental health population-to-provider ratio by county compared to the state average. Disparities exist related to all three areas of concern: rural, racial and economic.

All five counties defined as rural have higher population-to-provider ratios than their respective state average for mental health services. Four of the five counties with the highest non-White population have higher population-to-provider ratios than their respective state average for mental health services. Four of the five counties with the highest poverty rates have higher population-to-provider ratios than their respective state average for mental health services.

One key informant noted that the lack of mental health services is a greater challenge for children who have Medicaid or no insurance. Patients often wait six months or more for an available appointment.

The CHNA team sourced the data for the ratio of population-to-mental health professionals from the 2024 County Health Rankings.

| POPULATION TO MENTAL<br>HEALTH PROVIDER RATIO |                    |                |  |  |  |
|---|--------------------|----------------|--|--|--|
| County  | County<br>Ratio    | State<br>Ratio |  |  |  |
| RURAL DISPARIT                                | Y                  |                |  |  |  |
| Newton, Ark.                                  | 2,360:1            | 380:1          |  |  |  |
| Franklin, Ark.                                | 8,640:1            | 380:1          |  |  |  |
| Madison, Ark.                                 | 760:1              | 380:1          |  |  |  |
| Adair, Okla.                                  | 400:1              | 230:1          |  |  |  |
| Logan, Ark.                                   | 7,080:1            | 380:1          |  |  |  |
| RACIAL DISPAR                                 | ITY                |                |  |  |  |
| Adair, Okla.                                  | 400:1              | 230:1          |  |  |  |
| Sequoyah, Okla.                               | 330:1              | 230:1          |  |  |  |
| Delaware, Okla.                               | 470:1              | 230:1          |  |  |  |
| Le Flore, Okla.                               | 300:1              | 230:1          |  |  |  |
| Sebastian, Ark.                               | 260:1              | 380:1          |  |  |  |
| ECONOMIC DIS                                  | PARITY             |                |  |  |  |
| Adair, Okla.                                  | 400:1              | 230:1          |  |  |  |
| Johnson, Ark.                                 | 380:1              | 380:1          |  |  |  |
| Franklin, Ark.                                | 8,640:1            | 380:1          |  |  |  |
| Le Flore, Okla.                               | 300:1              | 230:1          |  |  |  |
| Sequoyah, Okla.                               | 330:1              | 230:1          |  |  |  |
| Source: County                                | / Health Rankings, | 2024           |  |  |  |





# **Moderator of Health:** Financial Hardship

The 2025 CHNA has expanded the issue of financial hardship to more clearly incorporate all households below the ALICE (Asset Limited, Income Constrained, Employed) Threshold. This threshold depicts the minimum income necessary for a household's survival. Households below the threshold include those living below the FPL and ALICE households, which are those who earn above the poverty line but still struggle to afford necessities. This threshold, called the Alice Household Survival Budget, is defined by two additional measures: household costs and income by location. In Arkansas in 2023, the ALICE Household Survival Budget was \$26,460 for a single adult and \$70,500 for a family of four with two adults, an infant and a preschooler - much higher than the FPL (\$14,580 for an individual and \$30,000 for a family of four). Basic costs varied substantially by county (United for Arkansas, 2025). Please note that, at the time of this writing, Arkansas is a partner state with United for ALICE, but Oklahoma is not. For this reason, some ALICE data examined in this section were available for Arkansas only.

Financial hardship is widely recognized as an influencer, or a moderator, of health. While economic struggles may not cause poor health, they do influence the impact of various factors on overall health, such as:

- Access to health care for children Insufficient or fluctuating income and other financial obstacles make it difficult for families to afford insurance and pay for preventive and incidental medical costs.
- Basic needs Unstable or expensive housing, food and other basic needs exacerbate challenges with children's health. Reliance on inexpensive, processed food contributes to higher rates of obesity and related conditions.
- Parental support In households with significant financial stress, parents may be unable to adequately care for their children, both physically and emotionally.
- Child mental health Financial hardship may lead to chronic stress and developmental issues among children.

Organizations and programs that recognize the added layer of burden and address financial hardship can support families by providing wrap-around or individualized services to address these factors.

While 31% of the workers in Arkansas's 20 most common occupations were below the ALICE Threshold in 2022, many have seen increased wages since 2019 (ALICE in the Crosscurrents – An Update on Financial Hardship in Arkansas, 2024). The minimum wage in Arkansas increased from \$9.25 per hour in 2019 to \$11.00 per hour in 2022. Teaching assistant, fast food worker and cashier positions saw a 38%, 28% and 20% change in median hourly wages from 2019 to 2022 (Bureau of Labor Statistics, 2022).

# AT A GLANCE

21%



Renter Households Below ALICE Threshold Paying Greater Than or Equal to Median Owner Costs Compared to the U.S. (24%)

United for ALICE, 2024

## **\$63,428 \$79,068**

ACNW Region

U.S.

Median Household Income

Arkansas – \$57,875 Oklahoma – \$62,129

Esri, 2025





ACNW Region

U.S.

Households Below ALICE Threshold

> Arkansas – 47% Oklahoma – 45%

United for ALICE, 2024

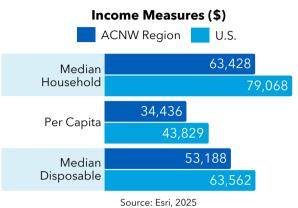


Medicaid Coverage for Children 0-18 Compared to the U.S. (38.8%)

KFF, 2023

#### **SECONDARY DATA**

- Arkansas has the third-lowest 2024 median household income at \$57,875, 26.8% lower than the U.S. value of \$79,068, exceeding only West Virginia and Mississippi. Oklahoma's median household income is also lower than the U.S. at \$62,129. However, the median income for the 15-county ACNW region is \$63,428 (Esri, 2025).
- In 2024, 69.9% of Arkansas adults, 70.9% of Oklahoma adults and 72.6% of U.S. adults have a savings account. Arkansas's average account value (checking, savings, money market and CDs) is \$22,324, which is 27.2% lower than the U.S. average value of \$30,646. Oklahoma's average account value is \$23,877 (Esri, 2025).
- Thirty-four percent of Arkansas housing units are renter-occupied, just under the U.S. percentage of 35.6%. Nearly 37% of Oklahoma housing units are renter-occupied (Esri, 2025).



- Forty-seven percent of Arkansans and 45% of Oklahomans lived below the ALICE Threshold in 2022, placing Arkansas at 47th when ranking all 50 states and Washington, D.C. (ALICE in the Crosscurrents An Update on Financial Hardship in the United States, 2024).
- In 2023, 7.3% of Arkansas children aged 0-18 were uninsured, and 47.1% were covered by Medicaid. In Oklahoma, 7.1% of children were uninsured, and 46.6% were covered by Medicaid (KFF, 2023).
- According to the National Low Income Housing Coalition, 69% of extremely low-income renter households in Arkansas have a severe cost burden in 2024.

#### **PRIMARY DATA**

All stakeholder groups providing input for the 2025 CHNA mentioned components of financial hardship.

- Some key informants discussed health equity and the need for resources to be available and accessible for all children.
- Poverty and lack of finances was the second leading topic discussed by focus group participants. Discussions were often related to access to care and barriers that make seeking care difficult, such as lack of transportation and inability to take time off work for children's appointments.
- Parent survey participants identified food insecurity, lack of affordable health insurance, lack of affordable housing and poverty as leading factors that impact children's health.

The real challenge here is when you look at poverty and insecurity and ALICE factors, it is not that it is a suburban, urban or rural problem. It is an everybody problem. – Key informant

- Many respondents to the youth survey indicated that not having enough money was the number one problem children and youth face today. One youth survey respondent said the number one problem is "not having a safe place to go home to and not having money for food or basic needs."
- Focus group participants mentioned that inadequate housing conditions may worsen asthma or other environment-triggered illnesses.

## **HEALTH DISPARITIES**

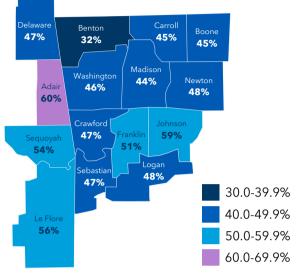
In addition to identifying general children's health needs, it is critical to understand any impacts that disproportionately affect specific populations of children.

#### **ALICE Measures by Rurality**

ALICE households are present in all 15 counties in the ACNW region. Those households range from 60% living below the ALICE Threshold in Adair County, Okla., to 32% in Benton County, Ark.

Of the 10 counties examined for health disparities related to rurality, all 10 have a higher percentage of households below the ALICE Threshold than the state average.

#### ALICE Measures by Race & Ethnicity



Source: United for ALICE, 2022

United For ALICE acknowledges race and ethnicity as significant contributors to ALICE status. Black and Pacific Islander populations have the highest percentage of households below the ALICE Threshold, at 64.4% and 58.8%, respectively. Conversely, White and Asian populations have the lowest percentage of households below the ALICE Threshold, at 42.9% and 33%, respectively.

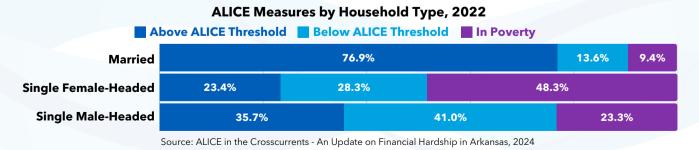
| Above ALI                        | CE Threshold 📃 Below ALICE | Fhreshold 📕 In Pov | /erty |                    |
|----------------------------------|----------------------------|--------------------|-------|--------------------|
| American Indian/Alaska Native    | 47.9%                      | 3                  | 37.8% | 14.3%              |
| Asian                            | 67.0%                      | 67.0% 27.9%        |       | <mark>5.1%</mark>  |
| Black                            | 35.6%                      | 41.9%              | 2     | 2.5%               |
| Hispanic                         | 49.0%                      |                    | 43.4% | 7.6%               |
| Native Hawaiian/Pacific Islander | 41.2%                      |                    | 56.4% | <mark>2.4</mark> % |
| Two or More Races                | 50.0%                      |                    | 39.4% | 10.6%              |
| White                            | 57.1%                      |                    | 32.6% | 10.4%              |
| C 414                            |                            |                    | 2024  |                    |

#### ALICE Measures by Race & Ethnicity, 2022

Source: ALICE in the Crosscurrents - An Update on Financial Hardship in Arkansas, 2024

#### **ALICE Measures by Household Type**

Single female-headed households are often disproportionately affected by financial hardship, with only 23.4% above the ALICE Threshold, compared to 76.9% of married households and 35.7% of single male-headed households.



#### Percent Below ALICE Threshold by County

Arkansas Children's Northwest – Community Health Needs Assessment • 44





# **Additional Needs**

- Nutrition Security
- Maternal & Infant Health
- Child Maltreatment Prevention
- Substance Use Prevention
- Injury Prevention
- Violence Prevention

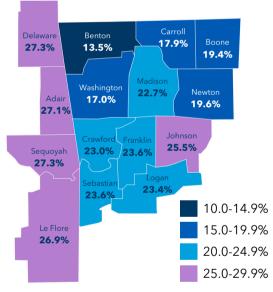
Nutrition security was among the top child health issues elevated in this CHNA, as it remains a significant challenge, particularly for children in low-income households and rural communities in Arkansas. Many families face barriers to obtaining nutritious food, including financial and cost constraints, limited knowledge of healthy eating or cooking habits and a lack of nearby grocery stores with fresh foods.

While many Arkansas children and families meet the requirements to access food assistance programs, these programs are often underutilized. At the time of this writing, Arkansas is implementing new policies and interventions to address nutrition security, including legislation that will provide free breakfast for public school students in the 2025-2026 school year, repeal the state grocery tax and expand protections for food donors and food banks.

## **SECONDARY DATA**

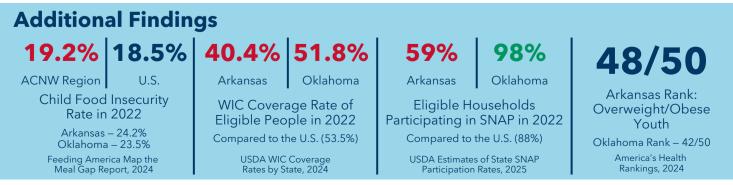
- Nearly 19% of Arkansas and 12.8% of Oklahoma households cannot provide adequate food for one or more household members due to a lack of resources, compared to the U.S. average of 13.5% (USDA Household Food Security in the United States in 2023, 2024).
- With a median average meal cost of \$3.77 in the ACNW community, 13 of the region's 15 counties have a higher average meal cost than the state's \$3.55. Counties in the ACNW community region have an average annual food budget shortfall of \$8.5 million (Feeding America, 2022).
- Only 59% of Arkansans eligible for Supplemental Nutrition Assistance Program (SNAP) benefits participated in 2022, compared to the Oklahoma rate of 98% and the U.S. rate of 88% (USDA Estimates of State SNAP Participation Rates, 2025).
- Only 40.4% of Arkansans and 51.8% of Oklahomans eligible for Women, Infant and Children (WIC) benefits participated in 2022, which was significantly lower than the U.S. rate of 53.5% (USDA WIC Coverage Rates by State, 2022).

**Child Food Insecurity Rate by County** 



Source: Feeding America, 2022

• Compared to 31.1% of U.S. children, Arkansas and Oklahoma children who are overweight or obese total 37.9% and 33.8%, respectively (America's Health Rankings, 2024).



## **PRIMARY DATA**

#### **KEY INFORMANT FEEDBACK**

Half of the 28 key informants interviewed mentioned nutrition security topics in their discussions, with several issues that were a concern for multiple respondents.

However, in considering region-specific nutrition, multiple key informants identified northwest Arkansas as being strong in the school-level provision of food. One interviewee stated, "We have school pantries in three quarters of the schools in northwest Arkansas that have 60% or more free and reduced lunch. We drop off the food and let the school run the pantry inside the school."

#### **FOCUS GROUP FEEDBACK**

Nutrition security was among the most identified topics by focus groups. Participants made 47 unique mentions of nutrition-related issues, including a general lack of access to food, limited nutritious foods and a lack of grocery stores.

While many focus group participants mentioned multiple sources of assistance, they believe resources remain limited and many barriers exist to helping children. Children in ALICE families present unique challenges in trying to assist them with food and clothing because often they do not qualify for assistance.

Nutrition was one of the most prominent topics explored during the Marshallese and Hispanic focus groups conducted in northwest Arkansas. Participants in both groups identified high food prices and children's inability to access food outside of the school year as major barriers to nutrition security in their communities.

#### **PARENT SURVEY RESULTS**

Forty-three percent of parents selected lack of access to nutritious food as one of the community's top problems regarding children's health and well-being. This variable was the most selected answer overall. Additionally, 34.3% of parents chose obesity and lack of exercise as one of the top five problems, making it the fifth most chosen variable overall.

#### Parent & Caregiver Perspectives on Nutrition Security Topics

Serious Problem 📕 Moderate Problem 📕 Minor Problem 📕 Not a Problem

| Number of children who<br>are often hungry 48.7% |                  | 26.2% | 18.8% | 6.3% |
|--|------------------|-------|-------|------|
| Number of children who<br>are overweight         | 32.1%            | 42.8% | 18.7% | 6.4% |
| 5  | Courses CLINIA D |       |       |      |

Source: CHNA Parent & Caregiver Survey, 2024

#### **YOUTH SURVEY RESULTS**

When asked what schools could offer to help young people's health, 26% of the factors youth named were nutrition-related. Nearly one in five youth survey respondents suggested nutrition security as an essential way to help children be healthy.

#### Youth Perspectives on Nutrition Security Topics

| Seri  | ous Problem 📕 Moderate Probl | em 📕 Minor Problem | Not a Pro | blem  |                    |
|---|------------------------------|--------------------|-----------|-------|--------------------|
| Number of children who do<br>not have enough to eat | 61.0%                        |                    | 17.0%     | 18.0% | <mark>4</mark> .0% |
| Number of children who<br>are overweight            | 37.0%                        | 29.6%              |           | 32.1% | 1.2%               |
| 5   | C CUNA V                     |                    |           |       |                    |

Source: CHNA Youth Listening Survey, 2024

"It's a challenge

that we continue to

see the number of

food insecure individuals grow across the state

and especially in

northwest

Arkansas."

- Key informant

Arkansas faces significant challenges in maternal and infant health. The state is classified as the least healthy in America's Health Rankings 2024 Health of Women and Children Report, ranking 49th for children and 50th for women. At this writing, Arkansas is implementing new policies and interventions to address maternal and infant health.

## **SECONDARY DATA**

- Babies are low birth weight (LBW) when they weigh less than 5 pounds and 8 ounces at birth, regardless of gestational age (World Health Organization (WHO), 2025). From 2023-2024, 9.5% of infants born in Arkansas and 8.6% of infants born in Oklahoma were LBW, compared to 8.5% nationally (CDC WONDER, 2023-2024).
- In 2023, 12.1% of live births in Arkansas were preterm. Both preterm and LBW values represent the highest rates Arkansas has seen in the past 11 years (March of Dimes PeriStats, 2024).
- From 2023-2024, 14.0% of infants born in Arkansas and 12.6% of infants born in the U.S. exhibited at least one abnormal condition (CDC WONDER, 2023-2024).
- There were 7.67 infant deaths per 1,000 live births in Arkansas in 2022. Arkansas's infant death rate is higher than the national rate of 5.61 (CDC National Vital
   Values in **Bold** Indicate Measures Higher than the State Average
  - Statistics Report Vol. 73, No.5, 2024).
- Of the 15 ACNW community counties, Logan and Madison in Ark. and Sequoyah in Okla. are maternity care deserts. Another six – Carroll, Crawford and Franklin in Ark. and Adair, Delaware and Le Flore in Okla. – have low access to maternal care (March of Dimes PeriStats, 2024). With 34 birthing hospitals throughout the state, eight are located in northwest Arkansas counties (ACHI, 2024).
- Approximately 81% (U.S. 84%) of Arkansas mothers ever breastfed their babies. Of those, 48.6% (U.S. 59.8%) breastfed at six months, and only 30.8% (U.S. 39.5%) breastfed at 12 months (CDC National Immunization Survey-Child, 2021).

#### Values in **Bold** Indicate Measures Higher than the State Average Early Syphilis per LBW Rate **Birth Rate** 100,000 Females Benton, Ark. 21 7.3% 9.2% 4.6 Boone, Ark. 27 6.5% 9.3% 10.3 9.0% Carroll, Ark. 38 9.7% 0.0 Crawford, Ark. 30 8.7% 10.9% 3.2 Franklin, Ark. 30 8.3% 12.3% 23.1 29 Johnson, Ark. 8.6% 11.6% 15.4 41 10.0% 12.2% 18.7 Logan, Ark. Madison, Ark. 37 7.9% 11 4% 0.0 39 5.3% Newton, Ark. 8.3% 0.0 Sebastian, Ark. 31 8.2% 10.1% 12.3 7.7% 10.3% Washington, Ark. 22 15.7 Arkansas 30 9.5% 11.9% 13.9 30.8 Adair, Okla. 50 11.6% 8.3% Delaware, Okla. 31 8.1% 11.0% 14.4 Le Flore, Okla. 37 9.4% 11.5% 8.3 Sequoyah, Okla. 9.0% 10.3% 42 15.1 Oklahoma 8.6% 11.4% 14.7 27 Sources: CDC WONDER Natality Public Use Files, 2022; March of Dimes PeriStats, 2024; CDC National Center for HIV, Viral Hepatitis, STD and Tuberculosis Prevention, 2022

## **Additional Findings**



Arkansas Rank: Overall Maternal & Child Health

Oklahoma Rank – 47/50 America's Health Rankings, 2024 Arkansas Rank: Infant Mortality Oklahoma Rank – 41/50 America's Health Rankings, 2024

49/50

| 24.6   | 21.2     |  |  |  |  |
|--|----------|--|--|--|--|
| Arkansas                                       | Oklahoma |  |  |  |  |
| Teen Births Per 1,000<br>Females Age 15-19     |          |  |  |  |  |
| Compared to the U.S. (13.6)                    |          |  |  |  |  |
| CDC Wonder, Natality<br>Public Use Files, 2022 |          |  |  |  |  |

7.67 ( Arkansas C

6.89

Oklahoma

Infant Deaths per 1,000 Live Births, 2022 Compared to the U.S. (5.61)

CDC National Vital Statistics Report Vol. 73, No.5, 2024

## **PRIMARY DATA**

#### **KEY INFORMANT FEEDBACK**

In conversations with 28 key informants, more than half mentioned maternal and infant health as an issue. The following themes were prominent in discussions about maternal and infant health with key informants.

- Key informants stated that appropriate prenatal care is critical to improve maternal and infant health measures.
- Some key informants mentioned the range of risks to infant health when the mother does not receive quality prenatal care, saying that mothers could avoid many of the health issues identified at birth if they received better care while pregnant.
- Another issue several key informants raised was the limited number of Arkansas hospitals providing delivery services. With only 30+ hospitals throughout the state, many pregnant women have to drive a significant distance to reach a hospital with the appropriate team of providers to deliver babies and care for the postpartum mother safely.
- One key informant suggested SBHCs provide some level of maternal support for both teens and teachers.

#### **FOCUS GROUP FEEDBACK**

Focus groups discussed the importance of support for parents and families. One stakeholder suggested that empowering parents, specifically mothers, with crucial information about caring for their children is key to healthier families. Another participant detailed a community support program for teenage mothers in their region that provides teen parents with resources to prioritize their health and that of their babies.

#### **PARENT SURVEY RESULTS**

The parent and caregiver survey explored various questions and prompts related to maternal and infant health. Nearly 60% of parent respondents believed that the number of infants who die unexpectedly before the age of one is a moderate or serious problem.

|                          | Very Important | Somewhat Important | Somewhat Unin | nportant | Not Important |      |      |      |
|--------------------------|----------------|--------------------|---------------|----------|---------------|------|------|------|
| Factual Sex<br>Education |                | 60.4%              |               | 28       | .6%           | 8.3  | %    | 2.6% |
| Birth Control            |                | 62.8%              |               | 2        | 6.2%          | 5.2% | 5.8% |      |
| STIs and<br>HVI/AIDS     |                | 72.9%              |               |          | 18.2%         | 7.   | 3%   | 1.6% |
|                          |                |                    |               |          |               |      |      |      |

How important is it that schools provide education about the following topics to teenage students?

Source: CHNA Parent & Caregiver Survey, 2024

#### **YOUTH SURVEY RESULTS**

Youth perspectives on maternal and infant health topics are reflected in the graph below.

#### Youth Perspectives on Maternal & Infant Health Topics

| Seriou  | s Problem 📕 Moderate Probl | lem 📕 Minor Problem | Not a Proble | em    |      |
|---|----------------------------|---------------------|--------------|-------|------|
| Number of babies who die<br>before the age of one |                            | 18.6%               | 18.6%        | 20.0% |      |
| Number of young people<br>who are pregnant        | 34.5%                      | 34.5%               |              | 29.8% | 1.2% |

Source: CHNA Youth Listening Survey, 2024

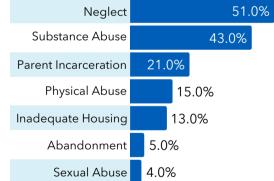
Child maltreatment continues to be an identified community concern in the ACNW region. The Arkansas Crisis Center defines child maltreatment as abuse, sexual abuse, neglect, sexual exploitation or abandonment by the child's caretaker. According to the U.S. Department of Human Services' Child Welfare Outcomes Report, in 2022, 71.3% of child maltreatment cases in Arkansas and 76.9% in Oklahoma were child neglect, which is the most common type of child maltreatment.

Child abuse occurs in every socioeconomic group and affects children of every gender, sexual orientation, race, ethnicity and religion. Approximately one-quarter of victims are between birth and two years of age. Girls are more likely than boys to be victims of maltreatment, with 1 in 4 girls and 1 in 13 boys estimated to experience abuse (National Children's Alliance, 2022).

## **SECONDARY DATA**

- During state fiscal year (SFY) 2024, the 11 Arkansas counties served by ACNW received 7,010 reports of child maltreatment. Additionally, the substantiation rate, or reports found to have supporting evidence and to be true, was nearly 26% during this time frame. Benton County had the lowest substantiation rate in the region at 15%, and Newton County reported the highest at 30% (DCFS Annual Report Card, SFY 2024).
- The four Oklahoma counties that are part of the ACNW region had a total of 2,543 maltreatment reports and a combined substantiation rate of 21.5% in SFY 2023. Adair County had the highest rate at 25.5% (Oklahoma Child Abuse and Neglect Statistics, SFY 2023).
- Substantiated reports resulted in one child fatality and one child near-fatality in the region. Additionally, there were two unsubstantiated fatalities in northwest Arkansas (DCFS Annual Report Card, SFY 2024).
- Arkansas's and Oklahoma's Adverse Childhood Experiences (ACEs) percentage for children ages 1-17 is 21.3% for 2022-2023, compared to the U.S. at 14.5% (America's Health Rankings, 2024). ACEs are potentially traumatic events that can include experiencing abuse, neglect or violence.

#### Leading Reasons for Children's Foster Care Entry in Arkansas



The child victimization rate, defined as the number of children who were victims of substantiated or indicated maltreatment per 1,000 children, was 14.2 in Oklahoma and 12.8 in Arkansas, compared to the U.S. rate of 7.7 (America's Health Rankings, 2024).

## **Additional Findings**

48/50

Oklahoma Rank: ACEs

America's Health Rankings, 2024 **11.113.7**ArkansasOklahomaChild Maltreatment

Victims per 1,000 Compared to the U.S. (7.4) National Child Abuse & Neglect Data System, 2023 4.68 | 1.76

Arkansas Oklahoma

Child Maltreatment Fatalities per 100,000 Compared to the U.S. (2.73) National Child Abuse &

Neglect Data System, 2023

**7,010** 2025 CHNA

2022 CHNA

8.012

Total Maltreatment Reports Investigated in Arkansas Counties in the ACNW Community

> Arkansas DCFS, SFY 2024

## **PRIMARY DATA**

#### **KEY INFORMANT FEEDBACK**

Several key informants raised the issue of child maltreatment and noted an overlap in child maltreatment with mental health and substance use issues. Informants mentioned that when there are mental health and substance use challenges, neglect or abuse may be more likely to occur. They also mentioned ACEs and the impact those potentially traumatic experiences have on a child.

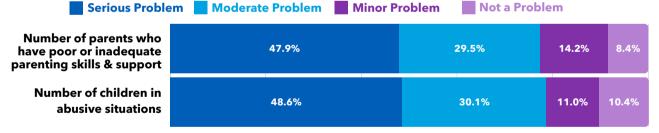
#### **FOCUS GROUP FEEDBACK**

Child maltreatment was not a widespread topic deeply discussed in the focus group discussions conducted for this CHNA. A total of six focus groups had conversations about child maltreatment, with some discussion about the interconnectedness of parental mental health, parental substance use and financial hardship.

One focus group's conversation included child maltreatment when asked, "What keeps you up at night or worries you related to children's well-being?" The first response was abuse and neglect – not being in a safe place. Another participant discussed foster care as a necessary way to ensure that children are in a safe place, whether the abuse or neglect is intentional or not. Several focus group participants mentioned that more parent education and support could potentially reduce maltreatment.

#### **PARENT SURVEY RESULTS**

Parents chose from 23 variables on the parent survey. Almost 42% of parents selected child abuse as one of the top five problems affecting children's health and well-being. This variable was the second most selected answer overall. Seventy-seven percent of parents cited the number of parents who have poor or inadequate parenting skills and support as a serious or moderate problem. Lack of parenting skills was among the top five issues, according to 34.3% of parents.



#### Parent & Caregiver Perspectives on Child Maltreatment Topics

Source: CHNA Parent & Caregiver Survey, 2024

#### **YOUTH SURVEY RESULTS**

Youth survey respondents also expressed concern about child maltreatment. Nearly 78% believed that the number of children hit or hurt by adults is either a serious or a moderate problem, and 88% cited concerns about children who do not have a safe place to live.

"I think the number one problem young people face today is not having a safe environment. This includes home life and school." – Youth survey respondent

Substance use prevention is a complex issue, as it deals with youth behaviors and those of parents and other influential adults. Children living with family members who have a substance use disorder are potentially impacted by a variety of emotional, cognitive, behavioral and social problems. Excluding alcohol and tobacco, an estimated 2.0% of Arkansas and 2.7% of Oklahoma children live with a parent with a substance use disorder (U.S. Department of Health & Human Services, 2022).

At this writing, planning for the construction of the National Center for Opioid Research & Clinical Effectiveness (NCOR) at Arkansas Children's is underway. NCOR will position Arkansas as a national leader in understanding the impacts of the opioid crisis and substance use on the fetus,

newborns, and developing children and adolescents while also advancing prevention efforts to protect child health.

## **SECONDARY DATA**

In 2022, among the 42 children in Arkansas who died as a result of unintentional injuries, nine children suffered an unintentional poisoning or overdose. More than half of those – five – children died of a fentanyl overdose, an increase from one the previous year (Arkansas ICDR, 2024).

Arkansas high school students ranked higher than the U.S. for almost all variables related to substance use in 2023 (CDC YRBSS, 2023). Nearly half of respondents indicated they have ever used electronic cigarettes compared to one-third of youth nationally. Arkansas youth tobacco use is higher than the U.S. average for all 20 measures. Similarly, Arkansas youth outpace the U.S. for 19 of 20 measures related to alcohol and drug use.

| High School Student Reported Lifetime<br>Use of Substances, 2023-2024  |              |             |           |                    |  |  |
|--|--------------|-------------|-----------|--------------------|--|--|
| County   | Alcohol      | Cigarettes  | Marijuana | Vaping<br>Nicotine |  |  |
| Benton, Ark.   | 18.6%        | 5.6%        | 7.7%      | 9.8%               |  |  |
| Boone, Ark.  | 17.7%        | 9.9%        | 6.4%      | 12.6%              |  |  |
| Carroll, Ark.  | 26.8%        | 14.1%       | 15.7%     | 17.6%              |  |  |
| Crawford, Ark.   | N/A          | N/A         | N/A       | N/A                |  |  |
| Franklin, Ark.   | 26.6%        | 12.0%       | 9.6%      | 14.7%              |  |  |
| Johnson, Ark.  | 22.7%        | <b>9.1%</b> | 9.0%      | 13.0%              |  |  |
| Logan, Ark.  | 22.8%        | 10.5%       | 9.6%      | 14.5%              |  |  |
| Madison, Ark.  | 15.2%        | 6.3%        | 7.0%      | 7.0%               |  |  |
| Newton, Ark.   | 18.5%        | 5.5%        | 4.6%      | 11.1%              |  |  |
| Sebastian, Ark.  | 27.5%        | 13.1%       | 16.2%     | 19.3%              |  |  |
| Washington, Ark.   | 17.9%        | 5.5%        | 8.3%      | 8.5%               |  |  |
| Arkansas   | 21.2%        | 8.3%        | 9.2%      | 12.5%              |  |  |
| Adair, Okla.   | 17.9%        | 10.7%       | 12.9%     | 14.1%              |  |  |
| Delaware, Okla.  | 23.8%        | 9.5%        | 13.9%     | 16.8%              |  |  |
| Le Flore, Okla.  | 27.3%        | 12.3%       | 13.8%     | 20.9%              |  |  |
| Sequoyah, Okla.  | <b>25.9%</b> | 13.3%       | 19.6%     | 22.0%              |  |  |
| Oklahoma   | 24.1%        | 8.6%        | 14.9%     | 16.5%              |  |  |
| Sources: Arkansas Prevention Needs Assessment Survey 2023-2024; Oklahoma<br>Prevention Needs Assessment Survey 2023-2024 |              |             |           |                    |  |  |

The Arkansas and Oklahoma 2023-2024 Prevention Needs Assessment Surveys measure high school students' substance use behaviors by county. As seen in the above chart, all but four – Benton, Madison, Newton and Washington – northwest Arkansas counties' high school students reported a greater lifetime use of at least one substance than the state average.

## **Additional Findings**

42/50

Arkansas Rank: Child Tobacco Use Oklahoma Rank – 33/50

> America's Health Rankings, 2024

#### **32/50** Arkansas Rank: Child Electronic Vapor Product Use Oklahoma Rank – 37/50

Dklahoma Rank – 37/50 America's Health Rankings, 2024 **11.2%** Arkansas Oklahoma

Youth Ages 12-17 Using Marijuana in Past Year Compared to the U.S. (11.2%) National Survey on Drug Use & Health, 2021-2022



Arkansas Children Entering Foster Care from Substance Abuse

> Arkansas DCFS Annual Report Card, 2024

## **Additional Need: Substance Use Prevention**

## **PRIMARY DATA**

#### **KEY INFORMANT FEEDBACK**

Key informants discussed issues related to substance use, misuse and abuse 27 times, with most comments combined with conversations about general behavioral and mental health needs. Both vaping and marijuana were called out specifically by three key informants. Some of those interviewed also expressed concern about children being exposed to substance abuse and addiction in their homes by parents and other adults living in the home.

#### **FOCUS GROUP FEEDBACK**

Addiction and substance abuse, by both adults and children, was a topic of discussion in virtually all focus groups. Vaping was also explicitly mentioned by several focus group participants.

The frequent discussion of substance addiction ranked as the fifth most common topic within the group conversations, just behind general mental health. Several focus groups had a number of educators, including teachers, administrators

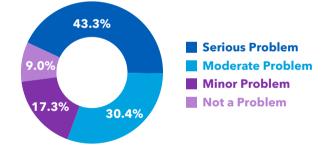


and school nurses. These participants had more lengthy discussions about substance addiction and misuse. Many said they have noticed a change since medical marijuana became legal in Arkansas. Some said students come to school smelling like marijuana, and some were concerned about the possibility of children innocently bringing marijuana edibles to school.

#### **PARENT SURVEY RESULTS**

One quarter (25.9%) of parents selected drugs as one of the top five problems affecting children's health and well-being. Additionally, 15.4% of parents chose tobacco and nicotine use as one of the top five problems, with over three-quarters of parents (78.1%) indicating that youth use of e-cigarettes and other vaping products is a serious or moderate problem.

#### Parent & Caregiver Perspectives on the Number of Children & Adolescents Who Use Vaping Products



Source: CHNA Parent & Caregiver Survey, 2024

#### **YOUTH SURVEY RESULTS**

The most seriously ranked issue among the youth surveyed was the use of e-cigarettes and other vaping products. Nearly 60% of youth respondents indicated that their use is a serious problem, with an additional 21% viewing it as a moderate problem. An open-ended question allowed participants to address any other issues of concern. Some form of substance abuse – drugs, alcohol, tobacco, vaping – was mentioned 37 times. Youth identified that the problem affects their peers, as well as their parents and caregivers, and that individuals often use substances to cope with mental health issues like depression.

"I feel like drugs, alcohol and nicotine are the common denominator for most problems in children and adults." – Youth survey participant

Unintentional injuries have a significant impact on children and are the leading cause of all deaths in children ages 1 to 18 in Arkansas (CDC WISQARS, 2022). The ADH identifies unintentional injuries as the leading cause of death in adolescents, followed by suicide, heart disease, cancer, drug overdoses and firearms. Nationally, all three leading causes of death for adolescents are injury-related, including unintentional injury, homicide and suicide (CDC WISQARS, 2022).

## **SECONDARY DATA**

The Arkansas ICDR Annual Report, completed in December 2024, includes infant and child deaths that occurred in 2022. In this time frame, there were 453 total deaths in infants and children ages 0-17 in Arkansas. Of those, 198 met the criteria for ICDR review, and the ICDR regional teams reviewed 172 eligible cases. The 26 cases not reviewed were still under criminal investigation or prosecution.

Of the 172 deaths reviewed, 87 children in Arkansas died from unintentional injuries, including motor vehicle-related injuries, unintentional drowning, asphyxia, poisoning/overdose and fire-related injuries. The most common manners of death by age are as follows:

- Birth to under 1 year: SUID and asphyxia
- Ages 1 to 4 years: unintentional drowning
- Ages 5 to 9 years: unintentional drowning and fire-related injuries
- Ages 10 to 14 years: motor vehicle-related injuries and suicide
- Ages 15 to 17 years: motor vehicle-related injuries, suicide and homicide

Additionally, the number of drowning deaths doubled from the prior year, and most were in children aged 1-4 (Arkansas ICDR Annual Report, 2024). These deaths occurred in swimming pools or open water, and most drowning locations had no fence, gate, or other barrier preventing children from entering the water.

Three ICDR regional teams reviewed cases for deaths in the 11 Arkansas counties served by ACNW. These teams examined 47 of the 172 total deaths, and the top manners of death were unintentional injuries (55%), SUID (30%), suicide (13%) and homicide (2%).

In 2022, Arkansas saw 37 motor vehicle crash fatalities among youth aged 0-18. Eleven of these fatalities were between 0 and 14 years of age, with the remaining 26 coming from the 15-18 year age group (National Highway Traffic Safety Administration, 2018-2022).

## **Additional Findings**

44/50

Arkansas Rank: Child Injury Deaths Oklahoma Rank – 35/50 America's Health Rankings, 2024 27.3 23.4 Arkansas Oklahoma 20 Child Injury Deaths per 100,000 Compared to the U.S. (18.6) CDC WONDER, Multiple Cause of Death Files, 2020-2022 68 | 8

2022 CHNA 2025 CHNA

50.6%

2023

Arkansas Youth Who Report Not

Always Wearing a Seatbelt

Oklahoma – 47.3% in 2019, 54.1% in 2023

CDC YRBSS, 2023

46.5%

2019

Number of Unintentional Deaths in Arkansas's Children

Arkansas ICDR, 2024

## **Additional Need: Injury Prevention**

## **PRIMARY DATA**

#### **KEY INFORMANT FEEDBACK**

Several key informants discussed the reasons and causes of child injuries. One key informant approached injury prevention from the perspective of social determinants of health, specifically saying a lack of access to housing, food security and other basic needs creates family stressors. Those stressors often cause poor health outcomes and cause children to be injured.

#### **FOCUS GROUP FEEDBACK**

Focus group participants did not deeply discuss

the topic of unintentional injuries and the risk to children.

However, a few mentions were primarily related to accessing care following an injury. One participant cited seeing children who suffered an injury that was not treated over the weekend, leading to infection and a more complex issue.

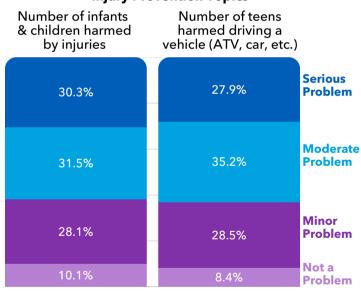
#### **PARENT SURVEY RESULTS**

Nearly 62% of parents identified infants and children harmed by injuries as a serious or moderate problem in their community. Additionally, more than 63% of parents identified teens injured while driving a vehicle as a serious or moderate problem.

When asked what injuries they most worry about happening to their child or children, parent respondents worried about injuries occurring on a playground or while playing sports (42%), while their teen is driving a car (42%), drowning while swimming (39%) and while out walking or running (36%).

#### **YOUTH SURVEY RESULTS**

The number of young people hurt while driving a car was a concern among youth respondents, with nearly 79% of youth identifying it as a serious or moderate problem. Additionally, 63% of respondents were concerned about the number of children and youth experiencing injuries by a weapon.



#### Parent & Caregiver Perspectives on Injury Prevention Topics

"I am so emotionally tired of

taking my children to funerals of

other children. It's heart-

wrenching to watch them mourn

and to know if only... this was a

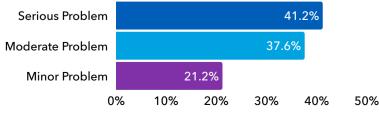
tragic accident that could have

been prevented."

Key informant

Source: CHNA Parent & Caregiver Survey, 2024

#### Youth Perspectives on the Number of Young People Hurt While Driving a Vehicle (ATV, car, etc.)



Source: CHNA Youth Listening Survey, 2024

The CHNA team identified violence prevention as a multi-faceted issue that encompasses bullying, physical fights, forced sex and violence by firearms.

Parents, caregivers and youth elevated bullying as one of their most significant concerns. Fortyone percent of parents and caregivers identified bullying as one of the top problems facing youth in their communities today. Nearly 85% of the youth surveyed identified the number of bullied children as a serious or moderate problem in their community. One in four Arkansas youth were bullied on school property, compared to 19.2% of U.S. youth (CDC YRBSS, 2023).

Nearly 60% of parents and caregivers surveyed worry about their child seeing or experiencing violence at school. In 2023, 9.1% of Arkansas high school students reported being involved in a physical fight on school property, compared to 7.9% of U.S. students. This measure experienced a 54% increase in Arkansas from 2021 to 2023 (CDC YRBSS, 2023).

## **SECONDARY DATA**

- Between 2020 and 2022, firearm-related deaths (including unintentional, suicide, homicide, and undetermined causes) represented 10 deaths per 100,000 aged 1-19 in Arkansas and 7.4 in Oklahoma, compared to the U.S. rate of 5.9 per 100,000 children during the same period (America's Health Rankings, 2024).
- In 2022, Arkansas had the sixth-highest firearm death rate among U.S. states, with 10.5 deaths per 100,000 youth aged 1–19. This included a homicide rate of 7.7, a suicide rate of 2.2, and 0.7 deaths per 100,000 from other firearm-related causes (Johns Hopkins Bloomberg School of Public Health, 2024).
- According to the 2023 CDC YRBSS, Arkansas high school students reported a higher or equal incidence of violent behaviors than the U.S. average.
- More than 17% of Arkansas and 12% of Oklahoma youth reported ever being forced to have sexual intercourse on the 2023 CDC YRBSS, compared to 8.6% of U.S. youth.

"I feel like the number one problem that children face today is violence. There have been a lot of children dying within the last few years, and the rates seem to be growing when they should be falling." - Youth survey participant

## **Additional Findings**

39/50

Arkansas Rank: Child Firearm Deaths Oklahoma Rank – 29/50

> America's Health Rankings, 2024

# **12.6%**<br/>2019**17.4%**<br/>2023Overall Arkansas Youth Ever<br/>Physically Forced to Have<br/>Sexual Intercourse

Okl. – 9.0% in 2019, 12.0% in 2023 CDC YRBSS, 2023 **16.9%**<br/>2019**21.5%**<br/>2023Arkansas Female Youth Ever<br/>Physically Forced to Have<br/>Sexual IntercourseOkl. – 13.2% in 2019, 17.5% in 2023<br/>CDC YRBSS, 2023

22.2% 25.0% 2019 2023

Arkansas Students in a Physical Fight Okl. – 22.1% in 2019, No Data in 2023 CDC YRBSS, 2023

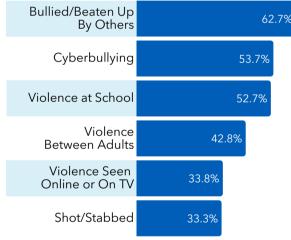
## **PRIMARY DATA**

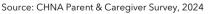
Violence was not a common topic among key informants and focus group participants. However, some stakeholder feedback from parents, caregivers and youth showed increased concerns related to violence.

#### **PARENT SURVEY RESULTS**

- Nearly 46% of respondents said they keep firearms in their homes, garages, sheds or vehicles. Of those, 77% said all firearms are stored securely, while only 2.3% said none are.
- Of the 23 variables listed, 10.4% of parents selected violence and firearms as one of the top problems facing the community in terms of children's health and well-being.
- Below are additional findings of the parent survey related to violence prevention.

## What types of violence do you most worry about your children experiencing or witnessing?

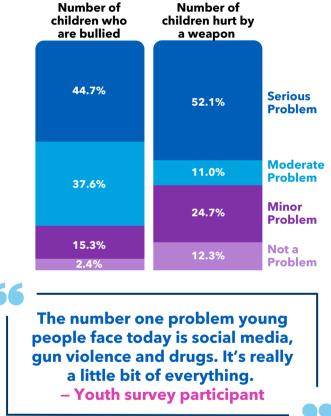




#### **KEY INFORMANT FEEDBACK**

#### **YOUTH SURVEY RESULTS**

Seventy-eight percent of youth cited the number of bullied young people, and 56.7% of youth cited the number of young people hurt by a weapon as a serious or moderate problem.



Key informants believe that firearm deaths will continue to rise and were concerned that bullying, abuse and forced sex are not frequently discussed. They noted that the lack of discussion can result in the issues not being addressed.

#### FOCUS GROUP FEEDBACK

One focus group participant expressed concern about the level of violence in gaming, which she described as an addiction. One comment from the Natural Wonders Partnership Council groups was related to challenges and promoting safe, supportive home environments.

Violence prevention was not a topic mentioned explicitly during the Hispanic and Marshallese focus groups. However, both groups expressed a desire for safer outdoor spaces for their children to play and be active and cited crime as one reason their children may not currently be able to access such spaces.





# Previous Assessment & a Snapshot of Implementation Strategy Impacts

## Arkansas Children's Northwest: Needs Assessment

## PREVIOUS ASSESSMENT & A SNAPSHOT OF IMPLEMENTATION STRATEGY IMPACTS

The 2023-2025 ACNW Implementation Strategy outlined nine aims and 35 action steps to address the needs identified in the 2022 ACNW CHNA. The strategy included a variety of interventions, from executing evidence-based curricula to leveraging cash and in-kind contributions, often layering these interventions to increase impact. A few examples of this work are included here, with more on our website at <u>archildrens.org/communitybenefit</u>.

#### **A PARTNERSHIPS APPROACH**

Foundational to the success of the strategy was partnership. As the cornerstone organization for the Natural Wonders Partnership Council, Arkansas Children's convened a diverse set of child health



organizations, nonprofits, funders and agencies to address the health needs of children identified in the 2022 ACNW CHNA. Established in 2006, the council is comprised of more than 185 members representing 61 organizations, working collaboratively through five workgroups. Arkansas Children's will continue to convene the council to leverage resources and partnerships in addressing the child health needs identified in the 2025 CHNA.

#### **Arkansas School Nurse Partnership**

The Arkansas School Nurse Partnership, between Arkansas Children's, ADH and ADE, convened school nurses to support their professional development through the Arkansas School Nurse Academy (SNA), Arkansas School Nurse Vodcast and a resource webpage. Trainings were designed to meet the needs expressed by school nurses and align with identified child health priorities, while offering flexible learning formats, from in-person sessions at the SNA to on-demand resources on the webpage. Nurses are able to earn continuing nursing education (CNE) credits for attending the vodcast. The School Nurse Vodcast reached all 75 counties in Arkansas and expanded its impact to nine additional states, including Delaware, Kentucky, Maryland, Missouri, New York, Ohio, South Carolina, Tennessee and Texas.

## EXAMPLES OF TRAINING TOPICS

Motivational Interviewing Behavioral Health Depression & Anxiety Immunizations Child Abuse & Neglect Asthma Reproductive Health Section 504 Traumatic Brain Injuries Functional Neurological Disorders Syncope Allergies & Anaphylaxis

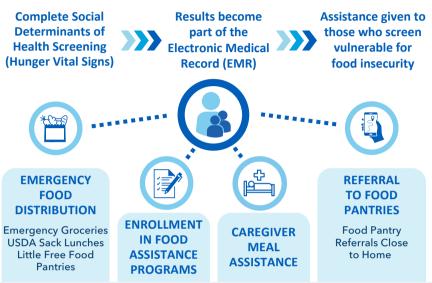
## Arkansas Children's Northwest: Needs Assessment

### CONNECTION TO RESOURCES

Success for the 2023-2025 Implementation Strategy also relied heavily on connecting families and communities to local free and reduced-cost resources. Primarily, this took place through Arkansas Children's Resource Connect, powered by FindHelp.org. Patients, families, staff, external community members and community-based organizations utilized this closed-loop referral platform at all Arkansas Children's campuses. Through it, families were connected to local, reliable resources for their food security, behavioral and mental health, housing, utility and other financial assistance needs, with an average of 22,052 searches per year in FY 2023 and FY 2024.

#### SOCIO-ECOLOGICAL APPROACH TO FOOD SECURITY

Arkansas Children's utilized a multi-faceted, socio-ecological model to address food security through best practice clinical interventions and a partnerships approach in communities to serve our patients, patients' families, employees and the communities we serve.



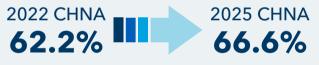
#### **EXPANDED ACCESS TO CHILDHOOD VACCINES**

Arkansas Children's first expanded access to childhood vaccines in FY 2023 through a mobile vaccine strategy targeting Arkansas counties with low immunization rates and low VFC provider access. Through this strategy and partnerships, Arkansas Children's provided 709 needed immunizations to children in the seven targeted lowaccess counties, plus additional counties of Carroll and Boone. Target immunization rates were achieved in all seven target counties, improving immunization rates by as much as 25% (Yell County).

Our learnings from this effort led to future work in FY 2024, broadening vaccine access through advancing the VFC program. The Arkansas Immunization Action Coalition, also known as ImmunizeAR, was a large partner in this work. The Arkansas Children's Community Health Fund provided funding to assist pharmacies in VFC program enrollment, specifically in counties where the only VFC providers were located in LHUs. This effort enrolled eight pharmacies in the VFC program, reducing the number of counties where the LHU served as the only VFC provider from 12 to 9.

According to the Arkansas Department of Health (ADH), at the 2022 CHNA, 62.2% of Arkansas children aged 19-35 months had received the recommended doses of childhood vaccines. Now, that has increased to 66.6%.

#### **Arkansas Immunization Rate**



Source: ADH - WeblZ, Children Age 19-35 Months by Combined 7 Series







- Community Resources
- Engagement of Community Stakeholders
- Big Ideas from Community
- Authors & Acknowledgements

## **COMMUNITY RESOURCES & PARTNERS**

To address the needs identified in this CHNA, Arkansas Children's recognizes the importance of partnerships and leveraging community resources. Key partners and resources identified to address these issues include:

#### **BEHAVIORAL & MENTAL HEALTH**

- State agencies
- Local (city and county) organizations
- Arkansas Behavioral Health Integrated Network
- Arkansas Advancing Wellness and Resiliency in Education (AWARE)
- Natural Wonders Partnership Council
- UAMS Family Treatment Program and Child Study Center
- Arkansas Foundation for Suicide Prevention (AFSP)
- National Alliance for Mental Illness (NAMI)
- UAMS Trauma Resource Initiative for Schools

#### WELL-CHILD CARE: ACCESS TO CARE & PREVENTIVE CARE

- State agencies
- Local (city and county) organizations
- Federally Qualified Health Centers (FQHCs)
- Arkansas Advocates for Children and Families
- Delta Dental
- Ronald McDonald House Charities (RMHC) Arkansas
- Legal Aid of Arkansas
- Arkansas Minority Health Commission
- Immunize Arkansas
- School-based health centers

#### **NUTRITION SECURITY**

- State agencies
- Local (city and county) organizations
- Clinic-based outreach
- Northwest Arkansas (NWA) Food Bank
- Local food banks and pantries
- Arkansas Hunger Relief Alliance
- Arkansas Children's Resource Connect, powered by findhelp.org
- Northwest Arkansas Food Security Community of Practice
- Arkansas Coalition of Marshallese
- Arkansas Chapter American Academy of Pediatrics (ARAAP)
- Arkansas Cooperative Extension

#### **MATERNAL & INFANT HEALTH**

- State agencies
- Local (city and county) organizations
- Organizations offering home-visiting programs
- UAMS
- Arkansas Children's Nursery Alliance
- Arkansas Children's Community Engagement, Advocacy and Health Division
- Arkansas Perinatal Quality Collaborative

## **COMMUNITY RESOURCES & PARTNERS**

#### **CHILD MALTREATMENT PREVENTION**

- State agencies
- Local (city and county) organizations
- Children's Advocacy Centers of Arkansas (CACs)
- Arkansas Commission of Child Abuse, Rape and Domestic Violence
- UAMS
- Team for Children at Risk (TCAR)
- Arkansas Children's Community Engagement, Advocacy and Health Division
- Natural Wonders Partnership Council
- ARAAP

#### **INJURY PREVENTION**

- State agencies
- Local (city and county) organizations
- Arkansas Highway Safety Office
- Arkansas Children's Community Engagement, Advocacy and Health Division
- UAMS

#### **SUBSTANCE USE PREVENTION**

- State agencies
- Local (city and county) organizations
- UAMS: Crisis Stabilization Unit
- Arkansas Opioid Recovery Partnership
- National Center for Opioid Research & Clinical Effectiveness (NCOR)

#### **VIOLENCE PREVENTION**

- State agencies
- Local (city and county) organizations
- Safe Place by National Safe Place Network

#### **FINANCIAL HARDSHIP**

- State agencies
- Local (city and county) organizations
- Arkansas Children's Resource Connect, powered by findhelp.org

# ARKANSAS CHILDREN'S RESOURCE CONNECT

Search for free or reduced-cost services like medical care, food, job training and more.



RESOURCES.ARCHILDRENS.ORG OR DIAL 211 FOR HELP FINDING SERVICES



## **ENGAGEMENT OF COMMUNITY STAKEHOLDERS**

To conduct the 2025 CHNA, the team engaged many individuals and organizations representing the communities Arkansas Children's serves. Through this engagement and data collection, this assessment identified the child health issues affecting the children of Arkansas. The CHNA team engaged schools, parents, caregivers and various organizations with an interest in these issues to define the needs of this CHNA. Those organizations include:

- Arkansas Children's Hospital and Arkansas Children's Northwest
- Arkansas Children's Clinical Network
- Arkansas Department of Health
- Arkansas Department of Education Division of Primary and Secondary Education
- Arkansas Department of Human Services
- Arkansas Minority Health Commission
- Arkansas Rural Health Partnership
- Arkansas Commission on Child Abuse, Rape and Domestic Violence
- Arkansas Coalition of Marshallese
- Arkansas Hunger Relief Alliance
- Arkansas Advocates for Children and Families
- Children's Safety Center of Washington County
- Choctaw Nation of Oklahoma
- Immunize Arkansas
- Marshallese Educational Initiative
- School-Based Health Alliance of Arkansas
- The Arkansas Food Bank and the Northwest Arkansas Food Bank
- The University of Arkansas for Medical Sciences
- The Arkansas Foundation for Medical Care (AFMC)
- Health policy organizations, including the Arkansas Center for Health Improvement
- Health care providers, including pediatricians, family practice physicians and nurses
- Health researchers
- Nonprofit organizations providing direct services
- Private health insurance companies
- Faith community representatives
- Low-income legal services organizations
- Private foundations like the Arkansas Community Foundation
- The Arkansas Campaign for Grade-Level Reading
- Private industries ranging from pharmaceutical companies to chambers of commerce
- Parents and caregivers
- Educators
- Community leaders

## **BIG IDEAS FROM COMMUNITY STAKEHOLDERS**

Many stakeholders who were engaged through focus groups and key informant interviews for this CHNA were asked how they would address children's health needs if they had unlimited resources. Following are ideas related to each of the identified needs that resulted from those conversations:

#### **BROAD HEALTH NEEDS**

- Increase parental support and education, which could positively impact many, if not all, of the identified needs
- Create a case management or mentorship program for parents to connect them with support and a community of people that empower them to access resources
- Take a holistic approach to health and health care focus on the whole child and recognize that behavioral and mental health are key to overall health

#### **BEHAVIORAL & MENTAL HEALTH**

- Work to remove stigma from mental health
- Provide mental health services and support in every school in a ratio that can genuinely support the student population
- Establish premier mental health services, including healthy living habits, available food and a comfortable environment
- Expand telehealth for mental health services to address the deficit of providers. One key informant said some telehealth mental health services are available in Arkansas and offered by institutions outside the state

#### WELL-CHILD CARE: ACCESS TO CARE & PREVENTIVE CARE

- Create more access through mobile health clinics and meet children where they are with health care and dental needs
- Provide free and easy access to immunizations
- Locate a clinic in every community
- Offer parent centers and school-based health clinics in every school district

#### **NUTRITION SECURITY**

- Increase grocery stores with affordable, fresh and nutritious food in areas with low access to nutritious and fresh food
- Provide free meals at school

#### **MATERNAL & INFANT HEALTH**

- Increase awareness of the importance of prenatal care
- Increase access to early prenatal care
- Provide every mom access to a home visiting program
- Expand home visit program assets and expand their use, making services more consistent across the state

#### **FINANCIAL HARDSHIP**

- Every child would have access to clean and environmentally safe housing
- Help increase attainable housing opportunities for families
- Increase access to quality and affordable childcare options

## **AUTHORS & ACKNOWLEDGEMENTS**

An internal Arkansas Children's Community Engagement team, working together with Boyette Strategic Advisors, a Little Rock-based consulting firm, completed this assessment. Boyette provided both qualitative and quantitative research support under the guidance of the Arkansas Children's team. Boyette has experience in providing holistic strategic plans, workforce solutions, impact evaluations, corporate services and general business consulting, allowing their team to see through each of those lenses to provide research, creative thinking and implementation guidance to Arkansas Children's. This CHNA was prepared to satisfy the federal tax-exemption requirements of the Affordable Care Act in addition to meeting specific planning objectives of Arkansas Children's Hospital.

#### **COMMUNITY HEALTH NEEDS ASSESSMENT AUTHORS**

- Sarah Harlan Coordinator, Community Impact, Arkansas Children's
- Laura Taylor, MPH, CHES Director of Community Impact, Arkansas Children's
- Marisha DiCarlo, Ph.D., MPH Vice President of Community Engagement, Advocacy and Health, Arkansas Children's
- Mallory Newbern Research Associate, Boyette Strategic Advisors
- Kay Stebbins Director of Research and Analytics, Boyette Strategic Advisors

#### **ADVISING GROUPS**

#### **ARKANSAS CHILDREN'S 2025 CHNA ADVISORY COMMITTEE**

A group of internal and external stakeholders, including Arkansas Children's senior leadership and other team members, as well as external partners such as representatives from ADH, ADE, DHS and the Arkansas Minority Health Commission, provided oversight and leadership for the CHNAs of both ACH and ACNW. These individuals represented the perspective of ACH, ACNW and the Arkansas Children's system. The advisory group reviewed all needs assessment findings and participated in the process to identify the priority health needs.

#### **ARKANSAS CHILDREN'S 2025 CHNA WORKING GROUP**

The working group included team members representing ACH, ACNW and the system, with individual expertise from a variety of areas, including strategy, community engagement, process improvement, research and clinical areas. The working group served many roles through the ACH and ACNW CHNA processes. Specifically, the working group helped design, refine and use the tool used to prioritize the needs for each assessment.

## **Arkansas Children's Northwest: Needs Assessment**

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## **APPENDIX A**

#### **PARENT & CAREGIVER SURVEY**

| Top Problems Related to Children's Health & Well-Being |        |        |        |        |        | Ten E D 11    |
|--|--------|--------|--------|--------|--------|---------------|
| Problem  | Rank 1 | Rank 2 | Rank 3 | Rank 4 | Rank 5 | Top 5 Ranking |
| Lack of access to nutritious food                      | 8.5%   | 12.9%  | 10.4%  | 7.0%   | 4.5%   | 43.3%         |
| Child abuse  | 19.4%  | 8.0%   | 4.5%   | 5.5%   | 4.5%   | 41.8%         |
| Mental health issues                                   | 10.0%  | 11.4%  | 6.0%   | 6.0%   | 7.5%   | 40.8%         |
| Bullying   | 5.5%   | 10.0%  | 10.4%  | 9.5%   | 5.0%   | 40.3%         |
| Obesity/lack of exercise                               | 13.9%  | 4.5%   | 5.5%   | 5.0%   | 5.5%   | 34.3%         |
| Lack of parenting skills                               | 5.0%   | 10.9%  | 9.0%   | 5.5%   | 4.0%   | 34.3%         |
| Affordable health insurance                            | 9.0%   | 9.0%   | 5.0%   | 4.5%   | 3.5%   | 30.8%         |
| Drugs  | 3.5%   | 6.5%   | 8.5%   | 4.0%   | 3.5%   | 25.9%         |
| Suicide  | 4.5%   | 6.5%   | 5.5%   | 6.0%   | 1.5%   | 23.9%         |
| Poverty/finances                                       | 6.0%   | 2.0%   | 3.5%   | 4.5%   | 6.5%   | 22.4%         |
| Social media/internet                                  | 2.0%   | 1.5%   | 4.0%   | 6.0%   | 6.0%   | 19.4%         |
| Lack of affordable housing                             | 1.5%   | 4.5%   | 3.0%   | 2.5%   | 6.5%   | 17.9%         |
| Tobacco & nicotine use                                 | 1.5%   | 1.5%   | 3.0%   | 6.0%   | 3.5%   | 15.4%         |
| Lack of quality health care services                   | 3.5%   | 3.5%   | 2.5%   | 2.5%   | 2.5%   | 14.4%         |
| Violence/guns  | 0.0%   | 1.5%   | 2.0%   | 4.0%   | 3.0%   | 10.4%         |
| Poor educational opportunities                         | 1.5%   | 0.0%   | 0.5%   | 4.0%   | 3.0%   | 9.0%          |
| Infant & child injuries & deaths                       | 0.5%   | 1.0%   | 3.0%   | 1.0%   | 3.0%   | 8.5%          |
| Contagions/cold/flu/RSV                                | 1.5%   | 2.0%   | 2.5%   | 0.5%   | 1.0%   | 7.5%          |
| Vaccination issues                                     | 1.0%   | 1.0%   | 2.0%   | 1.0%   | 1.5%   | 6.5%          |
| Systemic racism  | 0.5%   | 1.0%   | 0.5%   | 2.0%   | 0.0%   | 4.0%          |
| Poor dental health                                     | 0.5%   | 0.0%   | 0.0%   | 0.5%   | 1.5%   | 2.5%          |

### **APPENDIX B**

| NTRODUCTION               |  |                |
|---------------------------|--|----------------|
| Key Points                | Content  | Time Allocated |
| Welcome/<br>Introductions | <ul> <li>Welcome participants to the session and thank them for<br/>attending.</li> </ul>  | 3 min          |
|                           | • My name is {name}, and I will be leading our discussion today. I<br>am with a Little Rock-based firm that is assisting Arkansas<br>Children's Hospital/Arkansas Children's Northwest in collecting<br>information. My colleague is {name}. He will be taking notes and<br>helping ensure that we capture all of the valuable information you<br>will provide.  |                |
|                           | <ul> <li>Let's have each of you introduce yourselves and what your role is<br/>related to children's health. (Parent/Caregiver, Medical<br/>Professional, Educator, Community Leader)</li> </ul>   |                |
| Purpose of the<br>Group   | <ul> <li>Arkansas Children's Hospital (ACH) and Arkansas Children's<br/>Northwest (ACNW) are engaging in listening sessions to better<br/>understand the health needs of children in our communities. This<br/>will help inform the 2025 Arkansas Children's Community Health<br/>Needs Assessments and community programs to meet the needs<br/>of children and their caregivers.</li> </ul>  | 2 min          |
|                           | • These discussions will be held virtually and in-person with various groups with an interest in the health of our children. These conversations will provide in-depth information for consideration in determining opportunities to improve children's health. Your experiences and opinions will be very important to this process.  |                |
|                           | • Do you have any questions about the purpose of our discussion?   |                |
| Logistics                 | <ul> <li>Our conversation will last for about one hour. And to ensure that it flows well and that everyone has the opportunity to participate, I would like to start with a few Ground Rules for the day/evening: <ul> <li>Please speak one at a time.</li> <li>There are no right or wrong answers.</li> <li>Respect others' opinions.</li> <li>Give everyone an opportunity to share their thoughts and experiences.</li> <li>If you agree or disagree with a comment, please speak up, but in a respectful way.</li> <li>There are no stupid questions.</li> <li>Everything we discuss during this session will remain</li> </ul> </li> </ul> | 3 min          |

### **APPENDIX B**

| INTRODUCTION              |  |                   |
|---------------------------|--|-------------------|
| Key Points                | Content  | Time<br>Allocated |
|                           | <ul> <li>We want all of you to actively participate in the conversation. (If you are unfamiliar with Zoom, it has a hand raise function that will allow you to get my attention if you have difficulty jumping into the conversation.)</li> <li>We want to assure you that the information we collect will remain confidential and will not have your name attached to it. Instead, we will review all of the information we gather and compile a report of themes and findings.</li> <li>We will be recording this session to help us accurately capture all of the information discussed today. {Name} will also be taking notes to be used for the same purpose. If you do not agree with our recording this session, feel free to leave the discussion. Otherwise, we will begin recording now.</li> <li>Throughout this session, we will periodically include an Instant Poll. This will be a simple yes/no or multiple-choice question that will give us data to quantify how many of you share the same concerns or opportunities related to children's health. Like the discussion, no names will be attached to the Instant Poll questions. You will simply use your cell phone to record your answer, with the totals being shared on the screen.</li> <li>The first questions are simple demographics to make sure we have representation from all areas of the state, all roles within the state that related to children's health and diversity in race or ethnicity.</li> <li>We are going to begin with an Instant Poll. Please either scan the QR code that you see on the screen or click the link that is available in the chat window on the right side of your screen using your cell phone. You will then see the question and answer options.</li> </ul> |                   |
| Instant<br>Poll Questions | <ul> <li>What role do you play in keeping children healthy?</li> <li>Parent/Caregiver</li> <li>Educator</li> <li>Medical Professional</li> <li>Community Leader</li> <li>Other</li> <li>What is your race?</li> <li>American Indian or Alaska Native</li> <li>Asian or Asian Indian</li> <li>Black or African American</li> <li>Hispanic or Latino</li> <li>Middle Eastern or North African</li> <li>Native Hawaiian or Pacific Islander</li> </ul>  | 2 min             |

### **APPENDIX B**

| INTRODUCTION |   |           |  |
|--------------|---|-----------|--|
|              |   | Time      |  |
| Key Points   | Content   | Allocated |  |
|              | <ul> <li>White or Caucasian</li> </ul>                              |           |  |
|              | • Some Other Race   |           |  |
|              | • Two or More Races   |           |  |
|              | From the list below, what do you believe is most important to       |           |  |
|              | children's health.  |           |  |
|              | <ul> <li>Routine check-ups with a health care provider</li> </ul>   |           |  |
|              | <ul> <li>Access to Mental and Behavioral Health Services</li> </ul> |           |  |
|              | <ul> <li>Nutritious food</li> </ul>                                 |           |  |
|              | <ul> <li>Opportunities for safe exercise and play</li> </ul>        |           |  |
|              | <ul> <li>Immunizations/Vaccinations</li> </ul>                      |           |  |
|              | <ul> <li>Parenting/Family Support</li> </ul>                        |           |  |
|              | • Stable, safe housing  |           |  |
|              | • Dental services   |           |  |
|              | <ul> <li>Quality childcare and education</li> </ul>                 |           |  |
|              | • Other   |           |  |
|              |   |           |  |

| FOCUS GROUP         | FOCUS GROUP QUESTIONS   |                   |  |
|---------------------|---|-------------------|--|
| Key Points          | Content   | Time<br>Allocated |  |
| General<br>Thoughts | <ul> <li>When you think about children's health, what is the first word that comes to mind?</li> <li>When you think about children in your community, what keeps you up at night or worries you?</li> <li>What do you see as the greatest need in your area to improve children's health?</li> <li>If you had one suggestion on what could be done to improve children's health, what would it be?</li> </ul> | 45 min            |  |
| Health Care         | Now we are going to talk a little more specifically about things that impact<br>children's overall health and well-being. First, we will discuss the clinical and<br>medical care that children need to be healthy. This may include a routine<br>visit to a physician, seeing a specialist like a cardiologist, but also could<br>include mental health supports, such as visits with a therapist.           |                   |  |

### **APPENDIX B**

|  | <ul> <li>Clinical Care:</li> <li>When children need a well checkup or are sick or injured, how easy or hard is it to access health care for them in your area?</li> <li>Are other resources available to keep children healthy?</li> <li>What health and wellness services for children are missing from your community or region that you believe are really needed?</li> <li>Where do people go if they are concerned about a child's mental health?</li> </ul>   |  |
|--|---|--|
| Social<br>Determinants of<br>Health (SDoH) | Now let's think about the social conditions that impact the health and safety of children. To start, let's do another quick Instant Poll.   |  |
| Instant Poll -<br>Barriers                 | <ul> <li>Which, if any, of the following do you see as barriers to accessing health resources for children?</li> <li>Affordability</li> <li>Lack of Insurance</li> <li>Transportation</li> <li>Lack of Services in Rural Areas</li> <li>Time Away from Job</li> <li>Language Barriers</li> <li>Lack of Trust</li> <li>Other</li> <li>All of the Above</li> <li>None of the Above</li> </ul>   |  |
| SDoH - General                             | <ul> <li>How do these barriers hinder access to health care for children?</li> <li>What services exist in your area to help address some of these barriers?</li> </ul>  |  |
| SDoH - Physical<br>Environment             | <ul> <li>When thinking about the physical environment where children live, learn and play, this might include roads, housing and schools, but also air quality, pest control, etc.</li> <li>How does the environment where you live - air quality, living conditions, access to food, traffic, access to parks/outdoor activities - affect children's health and safety?</li> <li>Is there anything in the environment that helps children lead healthy lives?</li> <li>Is there anything in the environment that prevents children from leading healthy lives?</li> <li>Where do children in your community go to be physically active?</li> </ul> |  |
| SDoH - Social &<br>Economic<br>Factors     | Now let's discuss social and financial stability in your community, especially focusing on factors that impact our children. This might include education, employment opportunities for adults and community safety.  |  |

### **APPENDIX B**

| SDoH - Social &<br>Economic<br>Factors | <ul> <li>In thinking about social and economic factors in your community, how do they affect the health and well-being of children in your area?</li> <li>How supportive is the community for families? (job opportunities, major health issues, access to nutritious food)</li> <li>What local resources are available to help families with children? What barriers exist in accessing those resources?</li> <li>How do these factors vary across different parts of your community or different areas of the state?</li> </ul>  |
|--|--|
| Health<br>Behaviors                    | Our final focus area is on health behaviors - things like use of tobacco, ability to walk or be active outside, a healthy diet, drug use.  |
|  | <ul> <li>Healthy Behaviors:</li> <li>What behaviors do you see in your community that keep children healthy and safe?</li> <li>What behaviors do you see that prevent children from living a healthy life?</li> <li>Who or what is your most trusted source for information about children's health?</li> <li>What ways does or could your community support parents?</li> </ul>   |
| Instant Poll -<br>Greatest<br>Concern  | <ul> <li>What are your top two greatest concerns when thinking about children's health in Arkansas? You may select two concerns. (last question) <ul> <li>Obesity/Lack of exercise</li> <li>Child Abuse</li> <li>Lack of affordable health insurance</li> <li>Lack of access to nutritious food</li> <li>Mental health issues</li> <li>Suicide</li> <li>Bullying</li> <li>Lack of quality health care services</li> <li>Contagions/Cold/Flu/RSV</li> <li>Vaccination issues</li> <li>Lack of parenting skills</li> <li>Drugs and substance misuse</li> <li>Infant and child injuries and deaths</li> </ul> </li> </ul> |

### **APPENDIX B**

|  | <ul> <li>Violence/Guns</li> <li>Tobacco and nicotine use</li> <li>Poor educational opportunities</li> <li>Social Media/Internet</li> <li>Poverty/Finances</li> <li>Systemic Racism</li> <li>Poor dental health</li> <li>Lack of affordable housing</li> <li>Other problem</li> </ul>   |                   |
|--|--|-------------------|
| Big Picture                            | Big Picture: After hearing today's discussion, have you changed your mind<br>about any factors that affect children's health and well-being? If you had<br>unlimited resources/help, how would you improve the health and well-<br>being of children?  |                   |
| Probes                                 | Possible probes: Would you explain further? Tell me more about that. Can<br>you give me an example of what you mean? Is there anything else? Please<br>describe what you mean. Does someone else have a similar/different<br>experience?   |                   |
| CONCLUDING T                           | HE GROUP   | •                 |
|  |  |                   |
| Key Points                             | Content  | Time<br>Allocated |
| Key Points<br>Summary of Key<br>Points | <ul> <li>Content</li> <li>Provide a summary of the discussion and any particular highlights. <ul> <li>General Thoughts</li> <li>Access to Services</li> <li>Clinical Care</li> <li>Physical Environment</li> <li>Social &amp; Economic Factors</li> <li>Healthy Behaviors</li> <li>Possible Solutions</li> </ul> </li> </ul> |                   |
| Summary of Key                         | <ul> <li>Provide a summary of the discussion and any particular highlights.</li> <li>General Thoughts</li> <li>Access to Services</li> <li>Clinical Care</li> <li>Physical Environment</li> <li>Social &amp; Economic Factors</li> <li>Healthy Behaviors</li> </ul>  | Allocated         |

## **APPENDIX C**

| Metrics for Index Fa<br>Factor | Metric   | Source  |  |
|--------------------------------|--|---|--|
|                                |  | Source  |  |
| Priority: Well-Child           | Care – Access to Care (Total Score: 81)  |   |  |
| Scope                          | <ul> <li>Pediatrician Provider Ratio</li> <li>Primary Care Provider Ratio</li> <li>Uninsured Children</li> </ul>   | <ul> <li>America's Health Rankings &amp;<br/>American Board of Pediatrics</li> <li>County Health Rankings</li> <li>America's Health Rankings</li> </ul> |  |
| Severity                       | <ul> <li>Focus Group Participants<br/>Identification of Barriers to Health</li> <li>NWA Youth Survey Participants<br/>Concern About Children Not Going<br/>to Doctor As Needed</li> </ul>                      | <ul> <li>Arkansas Children's Focus Group<br/>Participants</li> <li>Arkansas Children's Youth Survey<br/>Respondents</li> </ul>                          |  |
| Community Priority             | Mentions in 2025 CHNA primary data collection components   | Arkansas Children's stakeholders  |  |
| Health Disparity               | Primary Care Provider Ratio &<br>Number of Pediatricians per County<br>for Counties with High Level of<br>Poverty (financial); Low Overall<br>Population (rural); and a High Non-<br>White Population (racial) | <ul> <li>County Health Rankings</li> <li>American Board of Pediatrics</li> </ul>  |  |
| Priority: Behavioral           | & Mental Health (Total Score: 79)  |   |  |
| Scope                          | <ul> <li>Mental Health Provider Ratio</li> <li>Flourishing Behavioral Health</li> <li>Children's Mental Health Conditions</li> </ul>   | <ul> <li>County Health Rankings</li> <li>America's Health Rankings</li> <li>America's Health Rankings</li> </ul>  |  |
| Severity                       | <ul> <li>Youth Mental Health is Not Good</li> <li>Youth Had Serious Thoughts of<br/>Suicide</li> </ul>   | <ul><li>CDC YRBSS</li><li>CDC YRBSS</li></ul>   |  |
| Community Priority             | Mentions in 2025 CHNA primary data collection components   | Arkansas Children's stakeholders  |  |
| Health Disparity               | Comparison to Mental Health     Provider Ratio for Counties with High     Level of Poverty (financial); a Low     Overall Population (rural); and a High     Non-White Population (racial)                     | County Health Rankings  |  |

## **APPENDIX C**

| Factor                 | Metric  | Source  |
|------------------------|---|---|
| Priority: Well-Child C | Care – Preventive Care (Total Score: 76)  |   |
| Scope                  | <ul> <li>Immunizations for 19 to 35 Months</li> <li>Child Obesity Rate</li> <li>Dental Provider Ratio</li> </ul>  | <ul> <li>Arkansas Department of Health</li> <li>Arkansas Center for Health<br/>Improvement</li> <li>County Health Rankings</li> </ul> |
| Severity               | <ul> <li>Pediatrician Provider Ratio</li> <li>Vaccine Exemption Rate</li> <li>Rank for Annual Well-Child Visits to<br/>Physicians</li> </ul>  | <ul> <li>CMS NPPES 2023</li> <li>Arkansas Department of Health</li> <li>America's Health Rankings</li> </ul>                          |
| Community Priority     | Mentions in 2025 CHNA primary data collection components  | Arkansas Children's stakeholders  |
| Health Disparities     | <ul> <li>Immunizations for 19 to 35 Months</li> <li>Child Obesity Rate</li> <li>Dental Provider Ratio</li> </ul>  | <ul> <li>Arkansas Department of Health</li> <li>Arkansas Center for Health<br/>Improvement</li> <li>County Health Rankings</li> </ul> |
| Additional Need: Nu    | trition Security (Total Score: 68)  |   |
| Scope                  | <ul> <li>Food Insecurity Rate for Children</li> <li>Children's Food Sufficiency Ranking</li> <li>Children's Mental Health Conditions<br/>Ranking</li> </ul>                               | <ul> <li>Map the Meal Gap</li> <li>America's Health Rankings</li> <li>America's Health Rankings</li> </ul>                            |
| Severity               | <ul> <li>Arkansas households experiencing<br/>food insecurity</li> <li>Very Low Food Security Rate</li> <li>Children likely income-eligible for<br/>federal nutrition programs</li> </ul> | <ul> <li>Arkansas Foodbank</li> <li>USDA Economic Research Service</li> <li>Map the Meal Gap</li> </ul>                               |
| Community Priority     | <ul> <li>Mentions in 2025 CHNA primary data<br/>collection components</li> </ul>  | Arkansas Children's stakeholders  |
| Health Disparity       | Child food insecurity rate  | Map the Meal Gap  |

## **APPENDIX C**

| Metrics for Index Factors |  |  |  |  |
|---------------------------|--|--|--|--|
| Factor                    | Metric   | Source   |  |  |
| Additional Need: M        | aternal & Infant Health (Total Score: 67)  |  |  |  |
| Scope                     | <ul><li>Teen birth ranking</li><li>Maternity desert counties</li></ul>   | <ul><li>America's Health Rankings</li><li>March of Dimes PeriStats</li></ul>   |  |  |
| Severity                  | <ul><li> Low birth weight</li><li> Pre-term births</li><li> Infant mortality rate</li></ul>  | March of Dimes PeriStats   |  |  |
| Community Priority        | Mentions in 2025 CHNA primary<br>data collection components  | Arkansas Children's stakeholders   |  |  |
| Health Disparity          | <ul><li>Low birth weight</li><li>Pre-term births</li><li>Teen birth ranking</li></ul>  | <ul> <li>March of Dimes PeriStats</li> <li>March of Dimes PeriStas</li> <li>America's Health Rankings</li> </ul>                       |  |  |
| Additional Need: Cl       | nild Maltreatment Prevention (Total Sco  | re: 64)  |  |  |
| Scope                     | Maltreatment reports to hotline  | <ul> <li>Arkansas Division of Children &amp;<br/>Family Services</li> </ul>  |  |  |
| Severity                  | Substantiated reports of child maltreatment  | Arkansas Division of Children &<br>Family Services   |  |  |
| Community Priority        | Mentions in 2025 CHNA primary<br>data collection components  | Arkansas Children's stakeholders   |  |  |
| Health Disparity          | Substantiated reports of child maltreatment  | <ul> <li>Arkansas Division of Children &amp;<br/>Family Services</li> <li>Oklahoma Child Abuse &amp; Neglect<br/>Statistics</li> </ul> |  |  |
| Additional Need: Su       | ubstance Use Prevention (Total Score: 60   | )  |  |  |
| Scope                     | <ul> <li>Arkansas youth using EV products</li> <li>Public schools offering alcohol and<br/>drug prevention</li> </ul>                                      | <ul><li>America's Health Rankings</li><li>Arkansas School Health Profiles</li></ul>  |  |  |
| Severity                  | <ul> <li>Arkansas youth concerns about<br/>alcohol, tobacco and other drugs</li> <li>% of driving deaths involving<br/>alcohol-impaired drivers</li> </ul> | <ul> <li>Arkansas Children's Youth Survey<br/>Respondents</li> <li>County Health Rankings</li> </ul>                                   |  |  |
| Community Priority        | Mentions in 2025 CHNA primary data collection components   | Arkansas Children's stakeholders   |  |  |
| Health Disparity          | <ul><li>Arkansas youth using EV products</li><li>Arkansas drug overdose rate</li></ul>   | <ul><li> America's Health Rankings</li><li> County Health Rankings</li></ul>   |  |  |

## **APPENDIX C**

| Factor               | Metric   | Source  |
|----------------------|--|---|
| Additional Need: Inj | ury Prevention (Total Score: 59)   |   |
| Scope                | <ul> <li>Child injury deaths per 1,000</li> <li>Youth who texted while driving</li> <li>Parent survey concern about teens<br/>harmed while driving a vehicle</li> </ul>  | <ul> <li>America's Health Rankings</li> <li>CDC YRBSS</li> <li>CHNA Parent Survey</li> </ul>  |
| Severity             | <ul> <li>ICDR deaths of children in motor<br/>vehicle crashes</li> <li>Deaths per 100,000 children</li> </ul>  | <ul> <li>Arkansas Infant and Child Death<br/>Review Report</li> <li>County Health Rankings</li> </ul>   |
| Community Priority   | Mentions in 2025 CHNA primary<br>data collection components  | Arkansas Children's stakeholders  |
| Health Disparity     | Motor Vehicle Crash Deaths   | County Health Rankings  |
| Additional Need: Vic | lence Prevention (Total Score: 49)   |   |
| Scope                | <ul> <li>Arkansas ranks for 12 types of<br/>violence experienced by children</li> <li>Northwest Arkansas youth concerns<br/>about children and young people<br/>being bullied</li> <li>Arkansas youth concerned about<br/>physical fights, bullying and violent<br/>attacks</li> </ul> | <ul> <li>CDC YRBSS</li> <li>Arkansas Children's Youth Survey<br/>Respondents</li> <li>Arkansas Children's Youth Survey<br/>Respondents</li> </ul> |
| Severity             | <ul> <li>Child Firearm Deaths</li> <li>Arkansas Murder Index 2024</li> <li>Arkansas Rape Index 2024</li> </ul>   | <ul> <li>America's Health Rankings</li> <li>FBI Crime Data Explorer</li> <li>FBI Crime Data Explorer</li> </ul>                                   |
| Community Priority   | Mentions in 2025 CHNA primary<br>data collection components  | Arkansas Children's stakeholders  |
| Health Disparity     | <ul> <li>Juvenile arrests in Arkansas</li> <li>Arkansas Murder Index 2024</li> <li>Arkansas Rape Index 2024</li> </ul>   | <ul> <li>CDC YRBSS</li> <li>FBI Crime Data Explorer</li> <li>FBI Crime Data Explorer</li> </ul>   |



