

# Are you Expecting?



The Arkansas Children's Nutrition Center is currently enrolling pregnant women in a study about exercise and healthy behavior.

We are looking for women:

- ❖ 18 years and older
- ❖ Gestations 15 weeks or less
- ❖ Non smokers
- ❖ Not currently exercising
- ❖ With extra body weight (BMI >30)

**How long will you be in the study?**

Throughout your pregnancy until health assessment are completed for participant and child 12 months post delivery.



To thank you for participating, we provide monetary and other incentives.

Please check if you qualify with our research team.

**501.364.3309**

**For more information**  
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